

BIOGRAPHICAL SKETCH

NAME	POSITION TITLE	INSTITUTION
Tasha Parekh thparekh@usc.edu	Ph.D. Student	University of Southern California Suzanne Dworak-Peck School of Social Work

EDUCATION/TRAINING

<u>INSTITUTION AND LOCATION</u>	<u>DEGREE</u>	<u>YEAR</u>	<u>FIELD OF STUDY</u>
University of Southern California, Los Angeles, CA <i>Advisors: Dr. Hans Oh & Dr. John Blosnich</i>	Ph.D.	In-Progress	Social Work
University of Michigan, Ann Arbor, MI	M.S.W.	2023	Social Work
Arizona State University, Tempe, AZ	B.S.	2021	Biological Sciences
Arizona State University, Tempe, AZ	B.A.	2021	Global Health

Professional and Research Interests: Cultural, familial, and acculturative influences on SMI and suicide risk; Mental health experiences among Asian American and South Asian American emerging adults; Cultural identity, generational differences, acculturative and bicultural stress; Cultural and community-based protective factors shaping mental health outcomes; Distress and resilience processes in immigrant and diaspora contexts; Development of culturally-responsive, community-centered mental health interventions; Mixed-methods research approaches

Professional and Research Experience:

08/25 – present Research Assistant, University of Southern California, Los Angeles, CA
01/24 – 08/25 Mental Health Therapist, BLND Health, Ann Arbor, MI
01/24 – 08/25 Master of Social Work (MSW) Field Supervisor, BLND Health, Ann Arbor, MI
07/22 – 05/25 Research Assistant, Treatment Innovation and Dissemination Research Group, University of Michigan, Ann Arbor, MI
09/22 – 12/23 Research Assistant, Level Up Laboratory, University of Michigan, Ann Arbor, MI
08/22 – 07/23 PCMH & OTP Case Manager, Community Bridges, Inc., Phoenix, AZ
01/17 – 05/18 Research Assistant, Velazquez Laboratory of Neurodegenerative Diseases, Arizona State University, Tempe, AZ

Awards:

2025 Two-Year Provost Graduate Fellowship, University of Southern California, Los Angeles, CA

Leadership Experience:

2025-Present Doctoral Student Association (DSA), University of Southern California
2022-2023 Wolverine Support Network Graduate Student Group, University of Michigan, Ann Arbor, MI
2017 International Alliance for the Prevention of AIDS, Chennai, India
2017-2020 Barrett Mentoring Program (BMP) President, Arizona State University, Barrett, the Honors College
2016-2020 Student Health Outreach for Wellness, Arizona State University, Tempe, AZ

Publications

In Progress

Weaver, A., **Parekh, T.** Savur, R., Horn, S., Jacobson, M., Landry, C., Himle, J. (In Progress) Qualitative Analysis of Semi-Structured Interview Data from Raising Our Spirits Together: A Novel, Tech-Based CBT Delivery Method for Intersectional Rural and Faith-Based Populations.

Professional Memberships/Certifications:

American Psychological Association Division on South Asian Americans (DoSA)
Asian American Psychological Association
Asian Mental Health Collective
National Association of Social Workers (NASW)
Limited Licensed Master Social Worker (License No. 861117670), State of Michigan Board of Social Work

Other Skills:

DSM-5 Diagnosis, Treatment Planning, Motivational Interviewing (MI), Cognitive Behavior Therapy (CBT), Dialectical Behavior Therapy (DBT), Case Management, Columbia Suicide Severity Rating Scale Assessment (C-SSRS), Stata