

CYNTHIA JUAREZ, LCSW

EDUCATION

Registered with the Board of Behavioral Sciences Aug. 13, 2012- Feb. 28, 2026
Licensed Clinical Social Worker, # LCS 28795

University of Southern California, School of Social Work May 11, 2007
Master of Social Work, Emphasis in Severe Persistent Mental Illness and Mental Health

University of California, Santa Barbara June 2001
Bachelor of Arts Degree, Sociology and Religious Studies

PROFESSIONAL EXPERIENCE

Visionary Youth LA January 2024-Present
Clinical Supervisor

- Provide weekly individual supervision for unlicensed waived ASW staff.
- Provide biweekly supervision to case manager.
- Collaborate with disciplinary team to develop early intervention programs for families, children, and adolescents.

Department of Mental Health August 2017-January 2024
San Antonio Family Center
Mental Health Clinical Supervisor

- Provide weekly individual supervision for assigned staff in the CalWORKs (CW) adult program, CalWORKs Counseling for Kids program, and children/adolescent outpatient program.
- Complete CalWORKs Monthly Management Report.
- Conduct CW treatment team meetings via TEAMS application, with multidisciplinary staff, for case conceptualization.
- Supervision of employment specialist, to monitor field-based outreach with employers and job placement for clients.
- Conduct weekly group supervision for MSW Intern and unlicensed waived staff in preparation for state board licensing.
- Conduct individual and group supervision on Evidenced Based Practices, such as CORS, TFCBT and Structural Family Therapy.
- Lead on training and implementing Structural Family Therapy in the clinic setting.

- Field liaison for MSW Interns, providing experiences in micro, meso, and macro levels related to the school of social work core competencies.
- Conduct weekly case disposition meetings via TEAMS application, to discuss new intakes, conceptualize cases, formulate a diagnosis, create a treatment plan, identify risk factors, and assign to group treatment and/or individual therapy.
- Assist with Crisis Intervention screenings and determining need for possible hospitalization.
- Assist with completion of intake evaluations.
- Carry a small caseload of adolescents and adults.
- Monitor staff caseloads and delivery of culturally competent services.
- Conduct regular Quality Assurance reviews of assigned staff cases to ensure compliance with DMH documentation standards.
- Monitor staff compliance with submission of required documentation and direct service to clients.
- Monitor stats reports for clinic programs.
- Provide clinical coverage in the absence of the Program Head.
- Clinic QA/QI Liaison
- Network Adequacy: Provider and Practitioner Administration (NAPPA) contact person.
- Data entry for Change of Provider requests.
- Lead for distribution of the Consumer Perception Surveys.
- Participated in the implementation of a staff wellness group to increase staff cohesiveness and self-care in the clinic setting.

*Los Angeles Department of Mental Health
San Antonio Family Center
Bilingual Psychiatric Social Worker II*

August 2012-August 2017

- Interviewed CalWORKs recipients to complete an adult assessment, determined barriers to employment, identified a clinical diagnosis, and created a treatment plan.
- Provided individual/family psychotherapy and group therapy. Provide linkage to community resources.
- Participated in a multidisciplinary team composed of a psychiatrist, employment specialist, supervisor, and case manager to assist clients in becoming employed.
- Lead CalWORKs Treatment Team meetings when supervisor was not present.
- Completed monthly progress reports, GAIN forms, and participate in monthly SPA 7 network meetings.
- Liaison between CalWORKs administration when supervisor was not present.
- Collaborated with GAIN social workers to assure clients obtained transportation funds and linkage to education and job training.

*California Medical Hospital
Pico Union Family Preservation Network
In Home Counselor*

May 2010- July 2012

- Conducted home visits for families identified by the Department of Children and Family Services.
- Provided family, individual therapy, and case management services to address family issues related to child neglect, and or Domestic Violence.
- Conducted adult Spanish Speaking Anger Management classes.
- Provided 24-hour crisis intervention care to assigned client caseload.
- Completed monthly reports to the Department of Children and Family Services regarding treatment progress.
- Conducted Up Front Assessments for the Department of Children and Family Services to determine caretaker capacity.
- Field Instructor for foundation year MSW interns.

The Help Group Child and Family Services

July 2007-April 2010

School Based Coordinator/Outpatient Therapist

- Provided group, individual, family, in home, school-based mental health services to children, and adolescents with a range of psychological, emotional, and behavioral problems.
- Conducted psychosocial assessments and Client Care Coordination Plans.
- Provided case management services including interfacing with community psychiatric hospitals, DCFS, Schools, law enforcement and others as appropriate.
- Provided 24-hour crisis intervention care to assigned client caseload.
- Collaborated with LAUSD schools to provide on-site mental health services.
- Consulted with school liaisons, supervisors, managers and outpatient therapists to assure consistent field-based services were provided.

Didi Hirsch Community Mental Health Center

Sept. 2006- May 2007

MSW Intern

- Conducted adult psychosocial assessments and Client Care Coordination Plans.
- Conducted individual and group psychotherapy to adults with severe and persistent mental illness.
- Participated in weekly multidisciplinary team meetings, group supervision and Continuing Education trainings.
- Co-facilitated and developed material for psychoeducational/processing group for ESL students at Venice High School
- Trained in Benjamin Rush Crisis intervention model.

Amanecer Community Counseling Services

Sept. 2005-May 2006

MSW Intern

- Conducted individual and family therapy sessions with children and families.

- Conducted initial psychosocial children's assessments to determine medical necessity.
- Co-facilitated socialization group with children (ages 7-11).
- Co-facilitated ADHD Spanish speaking parent skills group.

SPECTRUM Community Services

Aug. 2002-Aug. 2005

Charles R. Drew University

Bilingual (English/Spanish) HIV/AIDS Case Manager

- Conducted psychosocial intakes, assessments and monthly follow up.
- Provided referrals to medical clinics, mental health therapy, housing, and other resources.
- Completed monthly case management reports for the Office of AIDS Programs and Policy (OAPP).
- Participated in trainings, National Latino AIDS Awareness Day planning committee and agency outreach events.
- Educated 45 clients about safer sex, reducing health risks and seeking treatment.

Public Allies- Weingart Center Association

July 2001-Aug. 2002

Literacy Program Specialist/Volunteer Department

Los Angeles Fellow

- Recruited Weingart Center residents and community volunteers for the program.
- Administered assessment tests for center residents and matched them with volunteer tutors.
- Created and implemented Cesar Chavez workshop at Los Padrinos Juvenile Detention center.
- Participated in weekly trainings on social issues and gathered youth friendly resources for partner org. REACH LA.

Isla Vista Community Services Center

Dec. 2000-June 2001

Center Assistant

- Supported community outreach coordinator in a door-to-door needs assessment survey.
- Collaborated on the Isla Vista Kids Read Project and raised \$1000 for the purchase of new library books for a local Elementary School.
- Orchestrated an author reading event for 50 3rd grade students.

RELATED SKILLS AND TRAINING

- Fluent in English and Spanish
- Collaborative Documentation

- Trained in Department of Mental Health Documentation/ CALAIM Payment Reform
- Core practice concepts in working with LGBTQIA+ Youth
- Suicide prevention provider training
- Motivational Interviewing (MI) techniques
- Individual Cognitive Behavioral Therapy (IndCBT) Certification
- IndCBT for Eating disorders
- Structural Family Therapy (SFT) Certification
- Crisis Oriented Recovery Services (CORS) Certification
- LPS designee for children and adults
- Managing and Adapting Practice (MAP) Certification
- Trauma Focused Cognitive Behavioral Therapy (TFCBT) Certification
- Going with Grace End of Life Education and Planning/ Death Doula Certification