

Christina C. Rheingold, LCSW #106657

Education

Licensed Clinical Social Worker, California	January 2022
University of Southern California, MSW	May 2011
California State University, Chico, BSW	May 2006
Mt. San Antonio College, Walnut	August, 2003

Work Experience:

Private Practice Therapist

July 2023 – Present

State of California – Los Angeles, CA.

- Practicing Cognitive Behavioral Therapy for individuals ages 18 to 65 years of age struggling with depression, anxiety, high stress, or have served in the armed forces transition to civilian life.
- Implementing the Strength-Based Approach to help individuals recognize their capabilities and value, to help confront environmental constraints preventing personal growth.
- Working collaboratively with individuals on learning new coping skills and exercises to help manage stress, work through interpersonal difficulties and challenging situations.

Volunteers of America, Los Angeles (VOALA)

Veteran Peer Access Network (VPAN)

March 2020 – June 2023

Clinical Supervisor

- Developed and managed program budget, program development, performance goals, and service delivery in accordance with stated grant requirements.
- Collaborated with VOALA Veteran programs and community partners to help represent the interests of the agency, the program, and its participants in all networking and public relations opportunities.
- Allocated resources that staff would need to help Veteran and Families achieve their goals.

Battle Buddy Bridge (B3)

October 2021 - March 2022

Clinical Supervisor

- Managed staff and graduate interns (Battle Buddies) to provide intensive outreach and comprehensive community engagement with Veterans and Military Families in need of community resources.
- Leveraged the talents and perspectives of Veterans served to help facilitate direct access and service to those experiencing problems adjusting to life after military service.
- Navigated the outreach and comprehensive community engagement to reach Veterans and gently walk with them through the processes necessary to acquire transportation, food, benefits assessment, legal assistance, mental health care, housing, and more.

Volunteers of America, Los Angeles

October 2018 - March 2020

Veteran Services Administrative Manager/Program Liaison 1

- Formulated policy and procedures to promote grant and contractual agreements for veteran run programs.
- Developed training material and identified training opportunities for staff in veteran services.
- Served as a liaison with community partners, Veteran Affairs, regional coalition coordinators, and other community organizations to strengthen community involvement for Veterans and family members.

Volunteers of America, Los Angeles

May 2018 - October 2018

Housing Urban Development –Veterans Affairs Supportive Housing (HUD-VASH)

Lead Clinical Case Manager

- Trained and coordinated educational opportunities for clinical case managers to meet the standard of practice set by Veteran Affairs (VA).
- Collaborated and networked bi-monthly with homeless veteran community program providers.
- Provided direct clinical case management for veterans enrolled in the HUD-VASH program.

Volunteers of America, Los Angeles**June 2017- May 2018****HUD-VASH Clinical Case Manager**

- Provided clinical case management for veterans, including educating, coaching, and advocating for services and/or resources in support of their treatment goals.
- Tracked and monitored veterans' progress towards meeting treatment goals through ongoing psychosocial assessments and in-person visits with Veterans and their families.
- Worked independently, networking with community service providers and landlords, to help homeless Veterans to become permanently housed.

Carlos L. Lopez & Associates, LLC.**February 2017 – May 2017****HUD-VASH Team Leader**

- Provided quality management by training new case managers in computer systems and documentation standards required by Veteran Affairs.
- Collaborated with the Associate Director of Operations in reviewing staff's cases, levels of productivity, and identifying areas for growth.
- Applied direct evidence-based practice and trauma-informed care for Veterans and their families.

Los Angeles Department of Veteran Affairs**March 2013 – November 2016****HUD-VASH Social Worker**

- Provided clinical case management for veterans as a permanent employee with Veteran Affairs.
- Referred Veterans to the VA and/or community services to address concerns and issues presented.
- Served as a participated in multidisciplinary teams and community service providers to identify best forms of treatment for homeless Veterans.

Social Service Professionals**August 2011 – March 2013****Los Angeles Department of Veteran Affairs HUD-VASH Contracted Social Worker**

- Managed a caseload of 73 chronically homeless Veterans and their families.
- Applied motivational interviewing and trauma-informed care to empower homeless Veterans.

LA County Department of Military & Veteran Affairs (DMVA)**September 2010 – May 2011****The Los Angeles County Navigator Pilot Program – Intern**

- Provided brief therapy and crisis intervention to young homeless Veterans not eligible for VA healthcare.
- Incorporated referrals and joint planning efforts with Department of Mental Health (DMH) and community partners, due to ineligibility for VA health care.
- Co-Administered the development, implementation, and data collection for the Veteran System Navigator Pilot Program under DMH & DMVA oversight.

Harbor View Community Center**February 2007 – August 2009****Therapeutic Behavioral Specialist**

- Coached behavioral interventions to children and adolescents in the community and at an RCL-14 (lockdown) group-home facility, in deterrence of being placed at a higher level of care.
- Modeled, educated, and empowered parents/caregivers with the use of interventions to promote the child/adolescent's ability to meet their behavioral goals.
- Worked in conjunction with therapists, teachers, and parent partners, to best meet the educational and needs of the clients.

Rosemary's Children Services

July 2006 – July 2007

Children's Counselor

- Provided case management for adolescents 12-18 y/o with emotional, behavioral, and educational difficulties in a level-12 residential group home setting.
- Worked collaboratively with clients in meeting treatment goals, probation mandates, or family reunification.
- Managed, supervised, and documented behaviors and progress of clients in the home and in school.

Awards/Certificates:

The California Department of Veterans Affairs (CalVet) Women Veterans Advocates of the Year, 2021

Recognized California Women Veterans and community leaders for their leadership and significant contributions to military and Veteran communities.

America's Warrior Partnership, Competency Certificate

2021

Acknowledged the VOALA VPAN program met all requirements to be certified as Community Integration Competent as per the standards set forth by America's Warrior Partnership.

Depression & Bipolar Support Alliance (DBSA), Certified Peer Support Specialist

2020

A certified, Veteran Affairs approved, Peer Specialist, trained to use shared lived experience(s) to build a mutual trust with and in support of a Veteran and their families with mental and/or medical health concerns.

Field Instructor:

USC Suzanne Dworak-Peck School of Social Work

August 2018 – May 2023

Field Instructor

- Supervised and trained social work graduate level interns on how to effectively serve the Veteran and Military Family community with a clinical approach.
- Coached and challenged interns on how to apply clinical social work skills learned at the micro, mezzo, and macro level as it relates to the USC master's in social work 9 core competencies.

Guest Lectures:

Mt Saint Mary's University

October 2020

Crisis Intervention Course

Educated students about the Military and Veteran culture, the challenges service members may face when

transitioning into civilian life, the challenges of someone being diagnosed with Post Traumatic Stress Disorder and the impact it may have on family members.

Mt Saint Mary's University

March 2021

Cognitive Psychology Course

Taught on the cognitive complexities within the homeless Veteran community, the challenges and potential barriers Veterans and families face, and potential positive and negative outcomes.

Mt. Saint Mary's University

March 2021

Practicum Course

Utilized my professional experience to demonstrate the psychological complexities that exist within Veteran and Military Family communities, and my role as a clinical social worker.

Mt. Saint Mary's University

April 2021

Capstone Course

Highlighted the strengths students gain from applying their higher education to the workforce, and highlighted how diversified the use of psychology can be in any work environment.