

TRACIE W. KIRKLAND

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Katy, TX 77494
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EDUCATION

PhD (5/2023) Texas Woman's University (Philosophy of Doctor, Nursing, Research): Houston, TX
DNP (5/2013) Texas Christian University Doctor of Nurse Practice (Clinical Doctorate): Fort Worth, TX
ANP (1997) Johns Hopkins University: Baltimore, MD
PNP (1996) Johns Hopkins University: Baltimore, MD
MSN (1994) Virginia Commonwealth University: Richmond, VA
BSN (1988) Hampton University: Hampton, VA

LICENSURE

Advance Practice: CA (exp. 2024, #95011659); TX (exp. 2024 #114079)

Registered Nurse: CA (exp. 2022, #95184262); MN (exp. 2020 #2460837); TX (2024, #714880)

CERTIFICATIONS

Pediatric Nurse Practitioner: PCNB (exp. 2024) / ANCC (exp. 2023)

Adult Nurse Practitioner: ANCC (exp. 2027)

TRAINING

- The Houston (TX) Chapter of Links, Incorporation: Links Leadership Academy (2018 - 2020)
- Nurse Practitioner Organization of Nurse Faculty (NONPF): Leadership Fellow's Program (2018-2020)
- University of Southern Indiana: Advanced Diabetes Management Training (2017)
- University of Southern California: CET Accelerated Online Teaching Intensive Cohort 4 (2020)

PROFESSIONAL EXPERIENCE

Academic

- Clinical Associate Professor University Southern California (2016 - present)
- Adjunct Professor University of Arkansas (2022- current)
- Adjunct Professor Texas Woman's University (2014 – 2017)
- Clinical Assistant Professor University of Arkansas (2014 - 2016)
- Assistant Professor of Nursing University of Arkansas (2013 - 2014)
- Adjunct Clinical Instructor Johns Hopkins School of Nursing, Baltimore, MD (1998 - 2002)

Clinical and Administrative

- Advance Practice Provider Village Medical, Houston, TX (1/2022- current)
Houston Greater Third Ward (Volunteer, current)
Legacy Health (Locum Tenems 8/2021- 12/2021)
Memorial Hermann, Houston, TX (12/2013-8/2021)

- Northwest Hospital, Bentonville, AR (8/2011-12/2013)
- Walmart, Bentonville, AR (8/2011-12/2013)
- Longterm Care, Bentonville, AR (8/2011-12/2011)
- Wellquest, Bentonville, AR (7/2012- 12/2012)
- Program Coordinator Johns Hopkins Wellness Clinic, PepsiCo Beverages, Mesquite, TX
- Nurse Practitioner Johns Hopkins Bayview Medical Center
- Johns Hopkins Wellness Clinic, PepsiCo Beverages, Mesquite, TX
- Community Health Clinic, Newtown, CT
- Walter Reed Outcomes Management Clinic, Ft. Meade, MD
- Johns Hopkins Bayview Medical Center Clinic, Baltimore, MD
- Johns Hopkins Children's Clinic, Baltimore, MD
- Johns Hopkins Children's Clinic, White Marsh, MD
- Johns Hopkins Children's Clinic, Dundalk, MD
- Research Nurse Harriet Lane Clinic, Baltimore, MD
- Registered Nurse Virginia Commonwealth University Hospital, Richmond, VA
- Public Health Nurse Petersburg Health Department, Petersburg, VA

INSTRUCTION

NURS 502	Advanced Health Assessment	NURS 5043	Health Promotion
NURS 503	Clinical Management of Adult Patient	NURS 5102	Advanced Health Assessment Didactic
NURS 507	Theory & Management	NURS 5111	Advanced Health Assessment Practicum
NURS 601	Pediatric Practicum	NURS 5143	Advanced Pathophysiology
NURS 608	Family Practicum Clinical	NURS 5683	Primary Care I
NURS 3314	Pathophysiology	NURS 5695	Primary Care II
NURS 3321	Health Assessment	NURS 6163	Health Outcomes
NURS 3422	Nursing Concepts: Foundations	NURS 7111	DNP Capstone Implementation
NURS 5033	Role & Development	NURS 7113	DNP Practicum

INSTRUCTIONAL CONTENT DEVELOPMENT & COORDINATION

NURS 502	Advanced Health Assessment (Co-developer, reiterative state)
NURS 503	Clinical Management of Adult Patient (Co-developer, reiterative state)
NURS 507	Theory & Management (Co-developer)
NURS 601	Onsite Campus Intensive 2, Inaugural Virtual Objective Structured Clinical Examinations (OSCEs) with Standardized Patients (Chair, Coordinator, Instructional Designer: case studies)
NURS 601	Inaugural Virtual Clinical Skills Training (Co-Chair, Instructional Designer: case studies)
NURS 607	Theory: Family Primary Care (Co-developer)
NURS 608	Family Practicum Clinical (Co-developer)
NURS 3422	Nursing Concepts: Foundations (Undergraduate Coordinator)

ADVISING & MENTORSHIP

Advisor (DNP Committee Member)

- 2016 - 2017 Home Visits and the Elderly
- 2016 - 2017 Heart Failure and Readmissions
- 2016 - 2017 Implementation of Global Travel Clinics: Worksite Clinic Setting
- 2015 - 2016 Using Mock Codes for Cardiac Arrest & Feedback Software to Improve Code Team CPR
- 2015 - 2015 Examination of CAUTI Guidelines in the VA
- 2015 - 2015 Peripheral Arterial Disease Screening in the Undiagnosed Patient

Mentor

- 2013 - 2014 BA Culture Compliance and a Look at Urban Healthcare In Kansas City
- 2014 - 2015 BSN Weight Management of Diabetic Patients: Can Text Messaging Help
- 2014 - 2015 BSN Type 2 Diabetes Related to Chronic Health: Disease, Health Status & Effect on Quality Life

SERVICE

Academic & Professional

- University of Southern California, Suzanne Dworak-Peck School of Social Work, Department of Nursing
 - Elected member USC Faculty Council (2021- 2023)
 - Academic Senate member University Member USC (2022- 2023)
 - Chair Search Committee (2021-present)
 - Chair USC Evaluation Committee (2022- present)
 - Clinical Placement Committee (2017 - present)
 - Department of Nursing Curriculum Committee (2017 - present)
 - Department of Nursing Application Review Committee (2017 - present)
 - Faculty Co-lead NURS 607 (2017)
 - Faculty Co-lead NURS 608 (2017)
 - Chair of Diversity, Equity, & Inclusion (2018 - present)
 - Equity, Diversity, & Inclusion Dean's Counsel (2020- present)
 - CCNE Internal Program Evaluation Committee Member (USC initial review) – collaborative member
- University of Arkansas
 - Committee Member: Clinical Teaching Assistant Professor Task Force
 - Quality Matters Training (2013)
 - CCNE Internal Program Evaluation Committee Member (Inaugural Review) of the BSN-DNP Program collaborative team member
- American Medical Association
 - Blood Pressure Advisory Task Force (2020)
- Doctor of Nursing Practice

- Abstract Reviewer: National Doctor of Nursing Practice Conference (2018)
- National Organization of Nurse Practitioner Faculties (2013 - present)
 - Elected Member Nominating Committee (2021- 2023) Chair 2021-2022
 - Abstract Reviewer: National Conference (2018, 2019, 2020)
 - Member: Special Conference, Fall Faculty Institute Planning Committee (2018, 2019, 2020, 2021, 2022, 2023)
 - Selected Member: Membership Committee (2019 – 2020)
 - Co-chair: National Conference Awards Committee (2019, 2020, & 2021)
- Moderator: National Conference (2019)
- Southern Nursing Research Society
 - Chair, Minority Research Interest Group (2016 - 2017)
 - Chair, Minority Research Interest Group (2015 - 2016)
 - Co-chair, Minority Research Interest Group (2014 - 2015)
 - Abstract Reviewer: Student Presentations (2019)
- Poster Reviewer: Minority Research Interest Group (2017, 2018)
- Liaison for state Membership Committee Member (2021, 2022)

Clinical

- Diabetes Task Force Committee Member (2017 - 2021): Memorial Hermann Group
- Pepsi Safety (2002 - 2012): Johns Hopkins University / PepsiCo Beverages

Community

- Co-chair, Houston (TX) Chapter of Links Incorporated Umbrella Programming (Human Trafficking)
- Co-chair, National Trends/Services (2015 - 2019): Houston (TX) Chapter of Links Incorporated
 - Human trafficking event, voter registration (2016, 2017, 2020, 2022)
 - Strategic planning committee (2020, 2021, & 2022)
 - Podcast: Mental Health Awareness and Chronic Diseases in the Era of COVID-19 (2020)
 - Webinar: Mental Illness and COVID, Texas Southern University, University of Houston Upward Bound (2020)
 - Member of Vaccine Hesitancy Task Force
 - Health Facet Member
 - Services to Youth Facet Member
 - National Trends and Services Facet Member
- Say Something, University of Southern California Podcast Collaborative Effort with Social Work: Human Trafficking (2021)
- Chair, Minority Research Interest Group (2016 - 2017): Southern Nursing Research Society
 - Inaugural community research programming event
- Student Coordinator, Veterans Health Screening/Flu Clinic (2016 - 2017): University of Arkansas
 - Coordinated student-led blood pressure/health screening clinic

- Scholarship Chair (2016 - 2017): Alpha Kappa Alpha, Chi Zeta Omega Chapter
 - Awarded scholarships in excess of \$20,000
- Health Chair (2006 -2007): Alpha Kappa Alpha Sorority, Chi Zeta Omega Chapter
 - Susan G. Komen fundraiser (over \$6,000 raised in 3 weeks)
- Community advocacy liaison linking older community members to appointments for COVID-19 vaccines Houston area (current)
- Health Equity in the time of COVID: Nurses Providing Care to all: USC webinar (2020)

MEMBERSHIP

Community Advisory Boards

- Washington Regional Hospital (2013 – 2015)
- Northwest Arkansas American Diabetes Association (2014 – 2015)

Professional Societies

- Southern Research Nursing Society (2014 – present)
- National Organization of Nurse Practitioner Faculty (2014 – present)
- The American Association of Nurse Practitioner (AANP) (2020-present)
- Council for the Advancement of Nursing Science (CANS) Member (2022- present)
- Association of Women’s Health, Obstetric and Neonatal Nurses (AWHONN) Member (2022-present)
- Beta, Beta Chapter of Sigma Theta Tau Association (2022- present)
- Houston Nurse Practitioner Association (2015 – 2017)
- Texas Nurse Practitioner Association (2015 – 2017)
- Arkansas Nurse Practitioner Association: Charter Member (2014 – 2016)
- American Association of Occupational Environmental Medicine (2005 – 2013)
- Maryland Nurse Practitioner Association (1996 – 2002)

RESEARCH

- Principal Investigator: Social Support, Loneliness, and Food Insecurity In Black Women during COVID-19 Food Insecurity (Dissertation, 3/2023) Grant funded: Beta Beta Chapter Houston (TX) Chapter of Sigma Theta Tau \$1500, TWU Student Research \$500
- Co-principal Investigator: Use of Virtual OSCEs with Zoom during COVID-19 (Feasibility Study)
- Co-principal Investigator: Food Insecurity and College Students during COVID-19
- Co-principal Investigator (2016): The Effect of Vasopressin on Glucose Regulation, University of Arkansas with grant funding from Evian Water
- DNP capstone project (2013): The Role of APRNs in Screening for Prediabetes
- MSN capstone project (1995-1996): The Role of Oral Sucrose on Endocarditis

RESEARCH INTERESTS

- Influence of hydration/dehydration on diabetic insulin levels

- The role of APRNs in screening for prediabetes
- Academic focus of precepting /training next generation of nurse practitioner students
- Use of videography in teaching advanced health assessment in distant learning programs
- The role of nurses in telehealth medicine
- Food insecurity in ethnic minorities (integrative review)
- Caregiving in African Americans
- Simulation: Training the next generation of APRNs with integrated health systems / use of telehealth / virtual simulation training with standardized patients
- Human trafficking

SCHOLARSHIP

Invited Lectures, Symposia, Keynote Addresses (Presenter)

- Social Support, Loneliness, and Food Insecurity in Black Women during COVID-19 Food Insecurity: SNRS Podium Presenter (2023)
- Social Support, Loneliness, and Food Insecurity in Black Women during COVID-19 Food Insecurity: Beta, Bet Houston (TX) Chapter of Sigma Theta Tau (2023)
- Social Support, Loneliness, and Food Insecurity in Black Women during COVID-19 Food Insecurity: CANS (2022)
- Curriculum Resources for New Faculty Members: APRN Doctoral Competencies. NTF Criteria. (2019): National Organization of Nurse Practitioner Faculties Special Topic Conference, Bethesda, MD.
- Onboarding New Faculty (2018): National Organization of Nurse Practitioner Faculties Annual Conference, Bethesda, MD
- Men's Health Update: Wellness Presentation (2017): Memorial Hermann, BP Oil & Gas, Houston, TX
- New Dimensions in Health Care (2016): Nursing Leadership Institute, Texas Medical Center Institution, Houston, TX
- The Use of Videography in Teaching Advanced Health Assessment (2016): National Organization of Nurse Practitioner Faculties Annual Conference, Seattle, WA
- The Introduction of Medicare Access & CHIP Reauthorization Act, Merit Based Incentive Payments System (2016): Houston Women's Leadership Conference: Houston, TX
- Survey Examining Needs of NP Preceptors In an Online Program (2015): National DNP Conference, Seattle, WA
- The Role of APRNs in Screening for Prediabetes (2015): Texas State Nurse Practitioner Conference, Dallas, TX
- Screening for Prediabetes in the Workplace Setting (2014): American Association of Occupational Health Nurses Annual Conference, Dallas, TX

Abstracts & Symposium Contributions

- Jansen, L. T., Suh, H.-G., Adams, J. D., Butts, C., Sprong, C., Seal, A., Scott, D., Melander, O., **Kirkland, T. W.**, Kavouras, S. A. (2018). Osmotic stimulation of copeptin causes an impaired glycemic response in obese females.
- Kirkland, T. W.**, Zappas, M., Liu, A., Hueck, S.E., Fava-Hochuli, J., & May, W. (2021): A paradigm shift in training the next generation of nurse practitioner students.
- Kirkland, T. W.** (2018). *Training the next generation of minority research scholars*. Southern Nurses Research Society. Atlanta, GA.
- Kirkland, T. W.**, & Higgins, K. (2016). *Intraprofessional collaboration in teaching advanced health assessment online: Examining use of video-taped physical exam/health histories and debriefing as a tool to foster clinical skills*. National Organization of Nurse Practitioner Faculty, Seattle, WA.
- Kirkland, T. W.** & Barta, K. (2015). *Needs assessment of clinical preceptors for advanced practice register nurses*. National Doctor of Nursing Practice Conference, Seattle, WA.
- Kirkland, T. W.** (2014). *The role of APRNS screening for pre-diabetes in the workplace and the effects of early lifestyle changes*. American Association of Occupational Health Nurses, Dallas, TX.
- Kirkland, T. W.** (2013). *The role of APRNS in prediabetes screening*. National Doctor of Nursing Practice Conference, Phoenix, AZ.
- Kirkland, T. W.** (2015). The role of aprns in prediabetes screening. *Texas State Nurses Association*. Dallas, TX.
- Kirkland, T. W.** (2014). The role of aprns in prediabetes screening. *Sigma Theta Tau Research Day, University of Arkansas*. Fayetteville, AR.
- Kirkland, T. W.** (2013). Screening practices for pre-diabetes using hemoglobin a1c as a valid screening tool. *Arkansas Nurses Association*. Bentonville, AR.
- Suh, H.-G., Lieberman, H., Jansen, L., Adams, J. D., Seal, A., Butts, C., Colburn, A. **Kirkland, T.**, Sprong, C., Melander, O., Lemetais, G., Vanhaecke, T., Dolci, A., Perrier, E., & Kavouras, S. (2019). Hypertonic saline infusion acutely degrades mood in healthy volunteers. *Current Developments in Nutrition, Nutrition Abstracts*, 3(Supp. 1), 1964-1966. <https://doi.org/10.1093/cdn/nzz043.P23-014-19>

Webinar

Onboarding New Faculty to Teaching NP Students (2019). National Organization of Nurse Practitioner Faculties

Grant Review

Contributing member, grant panel (2015 - 2016): Mutually Collaborative Preceptors in Rural Diverse Areas, Health Resources and Services Administration, Fayetteville, AR

Book Reviewer

Tkacs, N., Hermann, L.L. & Johnson, R.L. (2020). *Advanced physiology and pathophysiology: Essentials for clinical practice*.

Manuscripts in Progress

Scott, A. & Kirkland, T. W. (2023). Rethinking breastfeeding management: Using a patient-centered approach and incorporating new guidelines.

PUBLICATIONS

Refereed Journal Articles

Kirkland, T. W. (2022). It's time to rethink breastfeeding. *The Nurse Practitioner*. 47(10).

Abel, W. M., Greer, D., Sue-Ling, C., & Kirkland, T. W. (2022). Antihypertensive medication adherence and persistence among Black women: A qualitative study. *The Nurse Practitioner*. 47(3).

Kirkland, T. W. & Woo, J. (2022). Social Support and Loneliness Among Black and Hispanic Senior Women Experiencing Food Insecurity: The Nurse as Primary, Secondary, and Tertiary Intervention. *The Nursing clinics of North America*, 57(3), 461–475.
<https://doi.org/10.1016/j.cnur.2022.04.012>

Adams, J. D., Sekiguchi, Y., Suh, H.-G., Seal, A. D., Sprong, C. A., **Kirkland, T. W.**, & Kavouras, S. (2018). Dehydration impairs cycling performance, independently of thirst: A blinded study. *American College of Sports Medicine*, 50(8), 1697-1703. <https://doi.org/10.1249/MSS.0000000000001597>

Higgins, K., **Kirkland, T. W.**, Rutledge, C., & Le Jenkins, U. K. (2019). Preparing students to be ready for practice: An innovative approach to teaching advanced physical assessment skills online. *Journal of the American Association of Nurse Practitioners*, 15(8), e165-e167.

Jansen, L. T., Suh, H. G., Adams, J. D., Sprong, C.A., Seal, A. D., Scott, D. M., Butts, C. L., Melander, O., **Kirkland, T. W.**, Vanhaecke, T., Dolci, A., Lemetais, G., Perrier, E. T., & Kavouras, S. (2019). Osmotic stimulation of vasopressin acutely impairs glucose regulation: counterbalanced, crossover trial. *The American Journal of Clinical Nutrition*. <https://doi.org/10.1093/ajcn/nqz236>

Johnson, E. C., Costas, B.N., Jansen, L. T., Adams, J. D., **Kirkland, T. W.** & Kavouras, S. (2017). Reduce water intake deteriorates glucose in patients with type 2 diabetes. *Nutrition Research* 43. 25-32.
<https://doi.org/10.1016/j.nutres.2017.05.004>

Kirkland, T.W., Zappas, M., Liu, A., Hueck, S.E., Fava-Hochuli, J., & May, W. (2021). Virtual structured clinical examination for family nurse practitioner students using a zoom platform in the time of COVID-19. *Journal of Nurse Education and Practice*.
<http://www.sciedupress.com/journal/index.php/jnep/article/view/19525>

McAlester, C., Cesario, S., & **Kirkland, T. W.** (2020). When women travel abroad. *Nursing for Women's Health*, 24(20), 143-148. <https://doi.org/10.1016/j.nwh.2020.01.007>

Scott A, **Kirkland T.** Rethinking breastfeeding management: A patient-centered approach based on new guidelines. *The Nurse Practitioner*. 2023 Mar;48(3):
<https://doi.org/10.1097/01.npr.0000000000000012>

- Seal, A., Jansen, L., Suh, H., Sprong, C., Adams, J. D., Butts, C., Melander, O., Lemetais, G., Dolci, A., Vanhaecke, T., Perrier, E., **Kirkland, T.**, & Kavouras, S. (2019). Osmotic stimulation of thirst in men and women. *Current Developments in Nutrition*, 3(Suppl 1). <https://doi.org/10.1093/cdn/nzz037.P15-017-19>
- Suh, H., Lieberman, H. R., Jansen, L. T., Colburn, A. T., Adams, J. D., Seal, A. D., Butts, C. L., **Kirkland, T. W.**, Melander, O., Vanhaecke, T., Dolci, A., Lemetais, G., Perrier, E. T., & Kavouras, S. A. (2020). Cellular dehydration acutely degrades mood mainly in women. *British Journal of Nutrition*.
- Xuguang, T., Chenoweth, D., Alfriend, A. S., Baron, D. M., **Kirkland, T. W.**, Scherb, J., & Bernacki, E. J. (2009). Monitoring worksite clinic performance using a cost benefit tool. *Journal of Occupation and Environmental Medicine*, 51(10), 1151-1157. <https://doi.org/10.1097/JOM.0b013e3181b68d20>
- Zappas, M., Walton-Moss, B., Sanchez, C., Hildebrand, J., & **Kirkland, T.** (2020). The decolonization of nursing education. *The Journal for Nurse Practitioners*, <https://doi.org/10.1016/j.nurpra.2020.11.006>

Other Communications

- Kirkland, T. W.** (2007). *Worksite wellness clinic services*. PepsiCo Beverages, Somers, N.Y. Media release for Pepsi/Johns Hopkins Wellness Clinics.
- Young-Pitts, C., Hicks, R., Love, R., Harkless, G., Hong, J., Desjardins, K., Hardin-Pierce, M., Linton, D., Jones, M., Murphy, M., Rotondo, L., Robertson-Bell, T., Bursch, L., Nikbakht, S., Sutter, C., Knestrick, J., Roberts, M. E., Wijewardane, J., Anderson, S., Scordo, K., Fura, L., Witt, D., **Kirkland, T.**, Zappas, M., Sherry, D., Johnson, M., Waldrop, J., Budd, G., Lis, G., Wolf, A., Chase, S., King, J., Ficken, D., & Newland, J. (2016). *The doctor of nurse practice nurse practitioner clinical scholar*. White paper: National Organization of Nurse Practitioner Faculties.

MEDIA APPEARANCE

- Kirkland, T. W.** (2021). *Domestic Violence Media Podcast*. University of Southern California
- Kirkland, T. W.** (1995). *Lead poisoning: Updated screening guidelines*. Johns Hopkins Harriet Lane Clinic. National Public Radio, Baltimore, MD.

INTERVIEWEE AS EXPERT IN FAMILY PRACTICE & DIABETES

- University of Southern California Staff Writer. (2020, Jan 2). *Well women visits at any age*. <https://dailynurse.com/author/nursingusc-staff/>
- University of Southern California Staff Writer. (2018, Aug 28). *What can chronically ill patients do to brace for natural disasters?* <https://nursing.usc.edu/blog/chronic-conditions-natural-disaster/>
- University of Southern California Staff Writer. (2018, July 13). *What do nurse practitioners do?* <https://dworakpeck.usc.edu/news/what-do-nurse-practitioners-do>

University of Southern California Staff Writer. (2018, Jan 9). *What does self-care mean for individuals with diabetes?* <https://nursing.usc.edu/blog/self-care-with-diabetes/>

University of Southern California Staff Writer. (2018, June 11). *Does race increase your chances of asthma?* <https://nursing.usc.edu/blog/does-race-increase-chances-of-asthma/>

HONORS & AWARDS

- Greater Houston Women Chamber of Commerce Kathryn Streamer Award Finalist representing Women in Excellence in Healthcare (2023)
- ANCC Graduate Nursing Student Academy (GNSA) (2023): *Emerging Leader*
- Nominee Houston Women Chamber of Commerce Women in Health Care Leadership (2023)
- Nominee for most impactful dissertation topic: Social Support and Loneliness in Black Women Experiencing COVID 19 Food Insecurity (2023): Texas Woman's University
- Recognized "Shero" (2022) by Emerging 100 -Black Men of Houston in celebration of Woman's History
- You are my Sister's Keeper Recognition (2021) Houston (TX) Chapter of Links Incorporated
- Mentee Certificate of Appreciation (2020) University of Houston, School Social Work
- Leadership Fellow (2018-2019): National Organization of Nurse Practitioner Faculties
- Adjunct Faculty Recognition (2015): Texas Women's University, Houston, TX
- Community Service Award (2015): Eleanor Mann School of Nursing, Fayetteville, AR
- Most Supportive Professor (2014): Single Parent Scholarship Fund of North West Arkansas
- Women in Health Award (2014): Alpha Kappa Alpha Sorority, Phi Alpha Omega Chapter