

CURRICULUM VITAE

MICHELLE PETERS ZAPPAS, DNP, FNP-BC

PERSONAL INFORMATION:

Work

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Home

Culver City, CA 90230

Citizenship: USA

EDUCATION

EDUCATION:

| | |
|------|--|
| 2012 | Doctorate of Nursing Practice, Columbia University, New York, NY |
| 2009 | Master of Science Nursing, Columbia University, New York, NY |
| 2007 | Bachelor of Science Nursing, Columbia University, New York, NY |
| 2001 | Bachelor of Science Animal Physiology and Neuroscience <i>cum laude</i> , University of California, San Diego, La Jolla, CA |

LICENSURE, CERTIFICATIONS

LICENSURE:

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|------|---|
| 2022 | 758660, Registered Nurse, California |
| 2022 | NP95002345, Nurse Practitioner, California |
| 2020 | 95002345, Nurse Practitioner Furnishing, California |
| 2017 | F335854, Nurse Practitioner Family Health, New York |
| 2015 | 588481-1, Registered Nurse, New York |

BOARD CERTIFICATION OR ELIGIBILITY:

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| 2019 | ANCC, Board Certified 20090028 |
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OTHER CERTIFICATIONS OR EXAMINATIONS:

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| 2010-2013 | HIV Clinical Specialist |
| 2012 | Botulinum Toxin A and Dermal Fillers |

PROFESSIONAL EXPERIENCE

ACADEMIC APPOINTMENTS:

| | | |
|----------------|-------------------------------------|---|
| 2021 – Present | Program Director | Department of Nursing, University of Southern California, Suzanne Dworak-Peck School of Social Work Los Angeles, CA |
| 2020 – 2022 | Clinical Placement Director | Department of Nursing, University of Southern California, Suzanne Dworak-Peck School of Social Work Los Angeles, CA |
| 2018- present | Clinical Associate Professor | Department of Nursing, University of Southern California, Suzanne Dworak-Peck School of Social Work Los Angeles, CA |
| 2015-2018 | Clinical Assistant Professor | Department of Nursing, University of Southern California, Suzanne Dworak-Peck School of Social Work Los Angeles, CA |
| 2014 | Assistant Clinical Professor | School of Nursing, Columbia University, New York, NY |
| 2010-2013 | Teaching Assistant/Clinical Advisor | School of Nursing, Columbia University, New York, NY |

CLINICAL AND ADMINISTRATIVE POSITIONS:

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|------------------------|---|--|
| 2017- present | Nurse Practitioner | Luxe Aesthetic and Wellness Center, Yorba Linda, CA |
| 2016 - 2019 | Nurse Practitioner Per Diem | Saban Community Clinic, Los Angeles, CA |
| 2013-2015 | Nurse Practitioner | Columbia University Medical Center, Student Health Service New York, NY |
| 2009-2015 | Nurse Practitioner/Director of Nursing | Neighborhood and Family Health Center |
| 2007-2009 | Registered Nurse | Beth Israel Medical Center, New York, NY |
| 2001-2003 2004-2006 | Staff Research Associate III | University of California, San Francisco, San Francisco, CA |

HONORS, AWARDS:

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| 2009 | Sigma Theta Tau |
| 2009 | Phi Beta Kappa Society |
| 1997-2001 | Golden Key National Honor Society |
| 1997-2001 | Provost Honor Society |

TEACHING

DIDACTIC TEACHING:

USC Suzanne Dworak-Peck School of Social Work

| <i>Year-Year</i> | <i>Course Name</i> | <i>Units/Hrs</i> | <i>Role</i> |
|------------------|--|------------------|----------------------|
| 2017-present | NURS 503 Theory: Clinical Management of Adult Patients | 3 Units | Section Faculty |
| 2016-present | NURS 505 Clinical Practicum: Clinical Management of Adult Patients | 3 Units | Lead/Section Faculty |
| 2017-present | NURS 607 Theory: Family Primary Care | 2 Units | Lead/Section Faculty |
| 2017-present | NURS 608 Clinical Practicum: Family Primary Care | 2 Units | Lead/Section Faculty |
| 2018-present | NURS 605: Professional Issues for Advance Practice Nurses | 3 Unites | Section Faculty |
| 2019-present | NURS 501: Pathophysiology for Advanced Practice Nursing | 4 Units | Lead Faculty |
| 2021-present | NURS 605: Health Policy | 2 Units | Lead/Section Faculty |

Columbia University

| <i>Year-Year</i> | <i>Course Name</i> | <i>Units/Hrs</i> | <i>Role</i> |
|------------------|--|------------------|---|
| 2014 | N8765 Adult Geriatric Clinical Seminar Across Adult Life III | 1 Unit | Assistant Clinical Professor |
| 2010-2013 | N8693 Family Primary Care: Practicum IIA | 2 Units | Teaching Assistant and Clinical Advisor |
| 2010-2013 | N8566 Family Primary Care: Practicum IIIA | 2 Units | Teaching Assistant and Clinical Advisor |
| 2010-2013 | N8567 Family Primary Care: Practicum IIIB | 2 Units | Teaching Assistant and Clinical Advisor |
| 2011-2012 | N6703 Nursing Practice in the Community | | Teaching Assistant and Clinical Advisor |

SERVICE

DEPARTMENT SERVICE:

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| 2015-present | Department of Nursing Curriculum and Clinical Placement Committee | University of Southern California, Suzanne Dworak-Peck School of Social Work Department of Nursing |
| 2015-2019 | Department of Nursing Clinical Placement Committee | University of Southern California, Suzanne Dworak-Peck School of Social Work Department of Nursing |
| 2016-present | Department of Nursing Applications Review Committee | University of Southern California, Suzanne Dworak-Peck School of Social Work Department of Nursing |
| 2017, 2019 | Annual Performance Review Committee | University of Southern California, Suzanne Dworak-Peck School of Social Work Department of Nursing |
| 2017-present | On campus intensive #2 committee | University of Southern California, Suzanne Dworak-Peck School of Social Work Department of Nursing |
| 2017- present | Diversity, Equity, and Committee | University of Southern California, Suzanne Dworak-Peck School of Social Work Department of Nursing |
| 2018-present | Chair of Evaluations Committee | University of Southern California, Suzanne Dworak-Peck School of Social Work Department of Nursing |
| 2019-present | Student Retention and Progression Committee | University of Southern California, Suzanne Dworak-Peck School of Social Work Department of Nursing |

SUZANNE DWORAK-PECK SCHOOL OF SOCIAL WORK SERVICE:

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|--------------|----------------------------------|--|
| 2017- 2019 | Diversity, Equity, and Committee | University of Southern California, Suzanne Dworak-Peck School of Social Work, |
| 2018 | Organizing Member | University of Southern California, Suzanne Dworak-Peck School of Social Work, Health and Wellness Fair |
| 2019-present | Organizing Member | Interprofessional Collaborative Education Event, Suzanne Dworak-Peck School of Social Work |
| 2021 | Volunteer | USC Pharmacies COVID-19 Vaccination Program |

UNIVERSITY OF SOUTHERN CALIFORNIA SERVICE:

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| 2021-present | Member | University of Southern California, Online Learning Council |
| 2021 | Volunteer | USC Pharmacies COVID-19 Mass Vaccination Program |
| August, 2021 | Micro-Seminar Speaker | University of Southern California |
| 2022- present | Member | University of Southern California, Department Chair Initiative |

HOSPITAL/ HEALTH CARE ORGANIZATION GROUP (CLINICAL PRACTICE) SERVICE:

2013-2015 Eating Disorder Columbia University Medical Center, Student Health
2016 Interprofessional Behavioral and Saban Community Clinic
Mental Health

PROFESSIONAL SOCIETY MEMBERSHIPS:

2015-present National Organization of Nurse Practitioner Faculties
2016-present Western Institute of Nursing
2016-present California Association of Nurse Practitioners
2016-present American Association of Nurse Practitioners

RESEARCH AND SCHOLARSHIP

MANUSCRIPT REVIEW:

2017-present The Journal for Nurse Practitioners

PUBLICATIONS:

REFEREED JOURNAL ARTICLES:

Zappas, M., O'Neill, S.P., Rotz, C. (in press). Congenital cytomegalovirus infection: A case report. *Journal for Nurse Practitioners*.

Zappas, M. P., Devereaux, A., Pesch, M.H. (May 2023). The psychosocial impact of congenital cytomegalovirus on caregivers and families: Lived experiences and review of the literature. *International Journal of Neonatal Screening*, 9(2), 30. <https://doi.org/10.3390/ijns9020030>

O'Neill, S.P., Woodruff, K., Sanchez, C., **Zappas, M.P.** (February 2022). Nurses and Contracts. *American Nurse*, <https://www.myamericannurse.com/nurse-and-contracts/>.

Foreman, R., **Zappas, M.,** (2023) Pediatric Anxiety: An Update for Primary Care Nurse Practitioners. *Nurse Practitioner Journal*, 48(3). [10.1097/01.NPR.0000000000000015](https://doi.org/10.1097/01.NPR.0000000000000015)

Foreman, R.M., **Zappas, M.,** Lavell, J. (2022). Dermatology Dilemmas: Dermatology Variations in Skin of Color. *The Nurse Practitioner Journal*, 47(2). doi: 10.1097/01.NPR.0000798256.17155.86.

Foreman, R.M., **Zappas, M.,** Lavell, J. (December 2021). Children with hearing impairment and cochlear implants. *The Journal for Nurse Practitioners*, 18(3). <https://authors.elsevier.com/a/1eF6w5XgHbcuxE>

Zappas, M., Foreman, R.M. (2021). Pharmacogenetics in Practice: Drug management amidst rare genomic testing. *The Journal for Nurse Practitioners* 17(9). <https://doi.org/10.1016/j.nurpra.2021.07.001>

Kirkland, T.W., **Zappas, M.,** Liu, A., Hueck, S.E., Fava-Hochuli, J., & Win, M. (2021). Virtual OSCEs during COVID-19: A paradigm shift in training the next generation of nurse practitioner students. *Journal of Nursing Education and Practice*, 11(4). <http://www.sciedupress.com/journal/index.php/jnep/article/view/19525>

Zappas, M., Walton-Moss, B., Sanchez, C., Hildebrand, J.A., & Kirkland, T.K. (2020). The Decolonization of Nursing Education. *The Journal for Nurse Practitioners* 17(2). <https://doi.org/10.1016/j.nurpra.2020.11.006>

Zappas, M.P., Becker K. & Walton-Moss, B. (2020). Postpartum anxiety. *The Journal for Nurse Practitioners*, 17(1). <https://doi.org/10.1016/j.nurpra.2020.08.017>

Foreman, R., **Zappas, M.,** & Whitely, C. (2020). Antidepressant withdrawal: A guide for primary care clinicians. *The Journal for Nurse Practitioners*, 16(3). <https://doi.org/10.1016/j.nurpra.2019.12.013>

Zappas, M., & Foreman, R. (2020). Preparing for Preexposure Prophylaxis. *Journal of Doctoral Nursing Practice*, 13(1). <http://dx.doi.org/10.1891/2380-9418.13.1.3>

Aisner, A., **Zappas, M.,** & Marks, Adrienne. (2020). Primary care for lesbian, gay, bisexual, transgender, queer/questioning patients. *The Journal for Nurse Practitioners*, 16(4). <https://doi.org/10.1016/j.nurpra.2019.12.011>

Zappas, M., Whitely C., & Carter, S. (2019). Global Travel: What to know before they go. *The Journal for Nurse Practitioners*, 15(8). <https://doi.org/10.1016/j.nurpra.2019.02.020>

Granger, T, **Zappas, M,** Walton-Moss, B, & O'Neill, S. (2018). Syllabus selections: A patient panel of case studies to teach across the family nurse practitioner curriculum. *Journal of N* 58(8), 512.

Zappas, M., & Granger, T. (2017). Managing adolescents with type II diabetes: Promoting a healthy lifestyle. *The Journal for Nurse Practitioners*, 13(4), e171-e176.

Zappas, M., Gentes, M., & Walton-Moss, B. (2017). The use of incretin therapy in the treatment of Type 2 Diabetes Mellitus. *The Journal for Nurse Practitioners*, 13(6), 418-424.

Young-Pitts, C., Hicks, R., Love, R., Harkless, G., Honig, J., Desjardins, K., Hardin-Pierce, M., Linton, D., Jones, M., Murphy, M., Rotondo, L., Robertson-Bell, T., Bursch, L., Nikbakht, S., Sutter, C., Knestruck, J., Roberts, M.E., Wijewardane, J., Anderson, S., Scordo, K., Fura, L., Witt, D., Kirkland, T., **Zappas, M.,** Sherry, D., Johnson, M., Waldrop, J., Budd, G., Lis, G., Wolf, A., Chase, S., King, J., Ficken, D., & Newland, J. (2016). White Paper: The Doctor of Nursing Practice Nurse Practitioner Clinical Scholar 2016. *The National Organization of Nurse Practitioner Faculties*.

Peters, M. M. (2013). The use of Anti-Retroviral Therapy in the Prevention of HIV Transmission among Serodiscordant Couples. *Clinical Scholars Review* 6(2), 105-9.

Ulysse, F. & **Peters, M.** (2012). A 44-year-old female with metastatic cancer pain. *Oncology Nursing Society*.

Thyregod, H.G., Rowbotham, M.C., **Peters, M.M.,** Possehn, J., Berro, M., Petersen, K.L. (2006). Natural history of pain following Herpes Zoster. *Pain*, 09(021), 10.1016.

Berry, J., **Peters, M.M.,** Rowbotham, M.C., Petersen, K.L. (2003). Symptoms suggesting reflex-sympathetic dystrophy following acute herpes zoster. *The Journal of Pain*, 4(2), 14.

REFEREED JOURNAL ARTICLES IN PRESS:

BOOKS:

Zappas, M., Cadena, D., Sanchez, C., Hildebrand, J., O'Neill, S. (2022). Nursing. In Gholamrezanezhad, A. & Dube, M. (Eds), Coronavirus Disease 2019 (COVID-19): A clinical guide. Wiley Blackwell.

Tkacs, N.C., Hermann, L.L., & Johnson, R.L. (2020). Contributor in *Advanced Physiology and Pathophysiology: Essentials for clinical practice*. Springer.

ABSTRACTS AND PRESENTATIONS:

International:

Kirkland, T.W., **Zappas, M.**, Liu, A., Hueck, S.E., Fava-Hochuli, J., & Win, M. (February, 2020). Virtual OSCEs during COVID-19: A paradigm shift in training the next generation of nurse practitioner students. Poster Presentation at Innovations in Medical Education Online Conference 2021.

National:

Franklin, U., Brown, D., & **Zappas, M.** (June, 2022). The Opioid Epidemic, Now What: Training Students on Integrated Behavioral Health. Virtual Presentation at the Network for Social Work Management Conference 2022.

Zappas, M., Franklin, U, Lewis, J., & Singh, M. (2022, April). Harnessing Technology: Leveraging virtual capacity in response to the global pandemic. Virtual Presentation at the Social Work Distance Education Conference.

Supranovich, R., **Zappas, M.P.**, Brown, D., & Borja, J. (2022, April). Creative approaches to online training in interprofessional education to address health inequities. Virtual Presentation at the Social Work Distance Education Conference.

Zappas, M. & Granger, T. (2019, June). Managing adolescents with type 2 diabetes mellitus. Poster presentation at the American Academy of Nurse Practitioners 2019 National Conference, Indianapolis, IN.

Kirkland, T., **Zappas, M.**, Jones-Holley, M., Whitely, C., O'Neill. (2018, April). Use of a multifaceted team-based approach in preparing the next generation of advanced practice nurses. Podium presentation at the National Organization of Nurse Practitioner Faculties 44th Annual Conference, Indianapolis, IN.

Granger, T., & **Zappas, M.** (2018, April). Guided inquiry learning in online graduate courses: The cycle of learning. Poster presentation at the National Organization of Nurse Practitioner Faculties 44th Annual Conference, Indianapolis, IN.

Zappas, M., & Granger, T. (2017, June). The importance of Integrative Health in primary care: Western medicine will only take you so far! Podium presentation at the American Academy of Nurse Practitioners 2017 National Conference, Philadelphia, PA.

Granger, T., **Zappas, M.**, Walton-Moss, B., & O'Neill, S. (2017, April). Using a patient panel of case studies to teach across the FNP curriculum. Podium presentation at the National Organization of Nurse Practitioner Faculties 43rd Annual Conference, Washington D.C.

Zappas, M. (2016, June). Practical use of the incretin therapies in primary care. Symposium conducted at the American Association of Nurse Practitioners 2016 National Conference, San Antonio, TX.

Petersen, K.L., **Peters, M.M.**, Reda, H.M., Berro, M., Rowbotham, M.C. (2003, March). Assessment of cutaneous nociceptor function by capsaicin response test during and after acute herpes zoster. 55th Annual Meeting, American Academy of Neurology, Honolulu, Hawaii. *Neurology*, 60(5), A155.

Petersen, K.L., Rice, F.R., Berro, M., Reda, H.M., **Peters, M.M.**, Ren, J., Rowbotham, M.C. (2003, March). Evolution of pain and coetaneous innervations after an episode of acute herpes zoster. 55th Annual Meeting, American Academy of Neurology, Honolulu, Hawaii. *Neurology*, 60(5), A156.

Regional:

Zappas, M. (2022, April). Loud and Clear: Understanding Audism and Hearing Loss in the Pediatric Population. Podium Presentation at the California Association of Nurse Practitioners 44th Annual Educational Conference, Pasadena, CA.

Lewis, J., Goodman, K., Granger, T., and **Zappas, M.** (2019, April). Grand rounds: Building collaborative relationships between nursing and social work. How to manage substance abuse and co-occurring disorders in a young, homeless mother. University of Southern California, Suzanne Dworak-Peck School of Social Work.

Aisner, A., Marks, A., & **Zappas, M.** (2019, March). Embrace the Rainbow: Primary care of the LGBT+. Podium Presentation at the California Association of Nurse Practitioners 2019 Educational Conference, San Diego, CA.

Zappas, M. (2018, March). The Dermatologic Detective. Podium Presentation at the California Association of Nurse Practitioners 2018 Educational Conference, San Diego, CA.

Zappas, M. (2017, March). International Travel in 2017: What to know before they go. Podium Presentation at the California Association of Nurse Practitioners 2017 Educational Conference, San Francisco, CA.

Olshansky, E., Granger, T., Jordan-Marsh, M., O'Neill, S., Schneiderman, J.U., Walton-Moss, B., & **Zappas, M.** (2016, April). Grand challenges for society: A collaboration between USC Nursing and Social Work. Poster presented at the 49th Annual Western Institute of Nursing Communicating Nursing Research Conference, Anaheim, CA.

Zappas, M., Granger, T., Jordan-Marsh, M., Olshansky, E., O'Neill, S., Schneiderman, J.U., & Walton-Moss, B. (2016, April). Grand challenges for society: Advancing long and productive lives. Poster presented at the 49th Annual Western Institute of Nursing Communicating Nursing Research Conference, Anaheim, CA.

Granger, T., Jordan-Marsh, M., Olshansky, E., O'Neill, S., Schneiderman, J.U., Walton-Moss, B., & **Zappas, M.** (2016, April). Grand challenges for society: Creating social responses to a changing environment. Poster presented at the 49th Annual Western Institute of Nursing Communicating Nursing Research Conference, Anaheim, CA.

Walton-Moss B., Granger, T., Jordan-Marsh, M., Olshansky, E., O'Neill, S., Schneiderman, J.U., & **Zappas, M.** (2016, April). Grand challenges for society: Promoting smart decarceration. Poster presented at the 49th Annual Western Institute of Nursing Communicating Nursing Research Conference, Anaheim, CA.

Schneiderman, J.U., Granger, T., Jordan-Marsh, M., Olshansky, E., O'Neill, S., Walton-Moss, B., & **Zappas, M.** (2016, April). Grand challenges for society: Stopping family violence. Poster presented at the 49th Annual Western Institute of Nursing Communicating Nursing Research Conference, Anaheim, CA.

Jordan-Marsh, M., Granger, T., Olshansky, E. O'Neill, S., Schneiderman, J.U., Walton-Moss, B., & Zappas, M. (2016, April). Grand challenges for society: Harnessing technology for social good: The potential of virtual reality. Poster presented at the 49th Annual Western Institute of Nursing Communicating Nursing Research Conference, Anaheim, CA.

MEDIA AND TELEVISION APPEARANCES:

June 28, 2017, Know Your Rights: Encouraging Undocumented Immigrants to Seek Health Care, <https://nursing.usc.edu/blog/undocumented-immigrants-health-care/>

November 7, 2017, A Nurse Practitioner Brings Her Clinical Experience to Life for FNP Students, <https://dworakpeck.usc.edu/blog/nurse-practitioner-brings-her-clinical-experience-to-life-for-fnp-students>

February 28, 2018. 5 Things You Didn't Know About Eating Disorders, and How to Seek Help. <https://news.usc.edu/137338/5-things-didnt-know-eating-disorders-seek-help/>

July 24, 2018. Do you know the differences between hepatitis A, B, and C? <https://dworakpeck.usc.edu/news/do-you-know-the-differences-between-hepatitis-b-and-c>

November 26, 2021. Today's clinical aesthetics – science and strategy. <https://modernhealing1.blogspot.com/2021/11/todays-clinical-aesthetics-science-and.html>

April, 2022. National CMV Foundation Volunteer Spotlight: Shelly Zappas. <https://www.nationalcmv.org/resources/blog/april-2022/volunteer-spotlight-shelly-zappas>

GRANTS:

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| 2018-2021 | Co-investigator 10% effort | HRSA Grant: Program Title: Workforce Development of Integrated Behavioral Health Practitioners to Serve Medically Underserved and Rural Populations on the West Coast |
| 2019-2022 | Co-investigator 5% effort | HRSA Grant Program Name: Opioid Workforce Expansion Program (OWEP) |
| 2021-present | Co-investigator 5% effort | HRSA Grant Program Name: Next Generation Partnership Project (NGPP) |