

Lily Ross, EdD, LCSW

Suzanne Dworak-Peck School of Social Work
University of Southern California
Los Angeles, CA 90089-0411
lilyross@usc.edu

EDUCATION

- 2018-2021 Doctor of Education
 Rossier School of Education
 University of Southern California
 Educational Psychology
 Dissertation Title: *Parenting During a Pandemic: How Stress and Supports
 Influence Parental Perceptions of Child Behaviors*
- 2001-2003 Master of Social Work
 Hunter College School of Social Work
 City University of New York
 Group Work
- 1994-1998 Bachelor of Arts
 Columbian College of Arts and Sciences
 The George Washington University
 Dual Major in Dance and History

LICENSURE

- 2008 LCS 24749
 California Board of Behavioral Sciences

CERTIFICATIONS

- 2020 USC Center for Excellence in Teaching Faculty Fellowship
- 2016 Managing and Adapting Practice (MAP) Certified Instructor
- 2011 Certified Nonviolent Parenting Instructor
 Echo Parenting and Education
- 2007 Certificate in Field Instruction
 Hunter College School of Social Work
- 2006 Post Masters Certification in Advanced Clinical Practice
 New York University – School of Social Work

TEACHING EXPERIENCE

2022-present	Assistant Teaching Professor, Suzanne Dworak-Peck School of Social Work University of Southern California
2017-2022	Senior Lecturer, Suzanne Dworak-Peck School of Social Work University of Southern California
2015-2017	Adjunct Assistant Professor, Suzanne Dworak-Peck School of Social Work University of Southern California
2014-2016	External Field Instructor, Suzanne Dworak-Peck School of Social Work University of Southern California
2011-2015	Part-time Lecturer, Suzanne Dworak-Peck School of Social Work University of Southern California

ADDITIONAL PROFESSIONAL EXPERIENCE

2015-2016	Clinical Consultant Rainbow Family Services, San Pedro, CA
2011-2012	Contract Therapist and MAT Assessor Counseling4Kids, Torrance, CA
2008-2011	Full-Service Partnership Program Coordinator The Help Group, Los Angeles, CA
2008-2010	Clinical Supervisor The Help Group, Los Angeles, CA
2007-2008	Clinical Therapist The Help Group, Los Angeles, CA
2003-2007	Social Worker Good Shepherd Services, New York, NY
2002-2003	Social Work Intern Center for Family Life, Brooklyn, NY
2001-2002	Social Work Intern SAGE (Senior Action in a Gay Environment), New York, NY
1999-2001	Assistant Program Director ArtsConnection, New York, NY

2000-2002 Afterschool Coordinator, Camp Counselor and Unit Supervisor
The 92nd St. Y, New York, NY

TEACHING ACTIVITIES

Assistant Teaching Professor: Instructed and advised University of Southern California (USC) Social Work graduate students. Taught throughout the curriculum (SOWK 523, 544, 609, 610, 613, 621, 627, 677) with a focus on the practice and human behavior courses. Mentored students and co-advised the Black Social Work Caucus. Participated in curriculum redesign to the ISW curriculum, including new course creation and overall curriculum design. Co-led the Children Youth and Families track and co-designed the Advanced Clinical Social Work Practice certificate. Lead faculty for SW 544, SW 621 and SW 677. Mentored doctoral students in teaching practices and served on two dissertation committees. Mentored students and alumni and maintained a high level of student satisfaction, with exemplary teaching evaluations and ongoing student engagement.

Senior Lecturer: Instructed and advised University of Southern California (USC) Social Work graduate students. Taught throughout the curriculum (SOWK 544, 609, 610, 613, 621, 627, 677) with a focus on the practice and human behavior courses. Participated in faculty and department meetings with consistent in-person attendance. Assisted in curriculum development for all classes taught. Taught both on campus and in the VAC. Participated in the implementation of the MAP practices into curriculum. Mentored faculty on the implementation of MAP in their classes. Led SW 609 from 2018-2020, SW 621 during the summer of 2019, and 2020-2021, and SW 677, 2020-2021.

External Field Instructor: Responsible for the field learning experiences of graduate students at USC and Hunter College. Taught and modeled effective social work skills and ethical practice. Provided clinical guidance to social work interns in the CYF and COBI (now SCI) concentrations at a variety of clinical settings, including Good Shepherd Services, Salvation Army – Naomi House, The Jeffery Foundation, and Ostrow School of Dentistry. Assisted agencies in developing programs that would best support MSW students.

Adjunct Assistant Professor and Adjunct Lecturer: Instructed and advised University of Southern California (USC) Social Work graduate students. Taught and assisted in curriculum development for SOWK 505, 543, 545, 544, 609, 610, 613, and 694. Taught both on campus and in the VAC. Assisted with the conversion of 544, 609, 610, and 613 onto the VAC. Participated in the Admissions Committee.

COURSES TAUGHT / PAST FIVE YEARS

SOWK 505: Human Behavior and the Social Environment
SOWK 523: Foundations of Integrative Social Work Practice
SOWK 543: Social Work Practice with Individuals
SOWK 544: Social Work Practice with Individuals, Families, and Groups
SOWK 545: Social Work Practice with Families, Groups, and Complex Cases
SOWK 609: Introduction to Social Work Practice with Children, Youth, and Families

SOWK 610: Social Work Practice with Children and Families Across Settings
SOWK 613: Social Work Practice with Children and Families in Early and Middle Childhood
SOWK 621: Social Work Practice with Adolescents, Young Adults, and their Families
SOWK 627: Policy and Macro Practice with Children, Youth and Families
SOWK 677: Mental Health Practice with Children and Adolescents
SOWK 694: Group Psychotherapy in Mental Health Settings

SERVICE AND LEADERSHIP

Co-Lead of the Children Youth and Families track 2022-present

Co-Lead of the Advanced Clinical Social Work Practice Certificate 2021-present

Co-Advisor for the USC Black Social Work Caucus 2021 – current: Provide ongoing mentorship and guidance to the e-board of the Black Social Work Caucus.

Faculty representative for admissions: Participated in two admissions events in the summer of 2020 and one in the summer of 2021. Hosted prospective students in sections during Spring semesters 2019, 2020, and 2021. Reviewed student applications 2023.

Co-Chair of the Children Youth and Families Curriculum Committee (elected position) 2020-2022

Curriculum Council: Non-voting member 2020-2021.

Curriculum Council sub-committee member: Revised the Syllabus Checklist and create the school's DEI statement which exists on the school's website as well as in every syllabus 2021

Curriculum Planning committee member: With the co-chairs from other departments, met weekly to develop curriculum for the school 2021 - current

Represented the CYF department and worked with development to attain funding for ongoing MAP training of students 2020-2021

On-ground invited faculty: participated in administrative decision-making meeting around time allotted for asynchronous and synchronous work during COVID online learning.

CET Fellowship Committee member 2021: Participated in creating a peer evaluation for faculty that was presented to Faculty Council.

USC Center for Excellence in Teaching Faculty Fellow and School of Social Work Committee member 2019-current

Co-Facilitator of Two Experiential Learning Labs on Preschool and Elementary School-aged children teaching Coping and Emotional Regulation tools 2020

Member Ad-Hoc Summer Curriculum Working Group 2020

Faculty Representative for an Admissions live online event introducing the CYF Department 2020

Student Org Faculty Liaison 2020

On Ground Lead Meeting: co-facilitator for conversion to online learning during COVID 2020

Member Practice Curriculum Development Committee 2019/2020

Facilitator of MAP documentation collection from faculty for students 2019/2020

Provided quotes for a Practice Wise case study about the collaboration titled, "USC implements Managing and Adapting Practice (MAP) in Innovative New Approach to Social Work Education" 2020

USC Suzanne Dworak-Peck DEI Learning Lab – Created and Provided a tool for faculty to support DEI efforts around creating classroom norms 2019

Member MAP Evaluation sub-committee

SOWK 621: Practice with Adolescents and Young Adults, Lead instructor 2020-current
As 621 lead, updated and revised assignments and course content to be more inclusive, innovative, and representational of diverse client needs. Created asynchronous material for on-ground students during the move to online learning and adapted existing online content for SW 621. Revised and updated all online content.

SOWK 677: Mental Health Practice with Children and Adolescents, Lead instructor 2020-current
As 677 lead, updated and revised assignments and course content to be more inclusive, innovative, and representational of diverse client needs. Created all the asynchronous content for SW 677 during the move to online learning.

SOWK 621: Practice with Adolescents and Young Adults, VAC lead instructor, Summer 2019

SOWK 609: Intro to Practice with CYF, co-facilitated throughout revision of asynchronous materials for the VAC
As SW 609 lead, revised the curriculum for 609 and updated assignments, quizzes and relevant rubrics. Co-designed a thorough update for the SW 609 asynchronous material in 2020. During the COVID crisis, adapted curriculum and led the SW 609 team during the adaptation to online learning.

SOWK 609: Intro to Practice with CYF, On ground lead instructor 2017, 2018, 2019, 2020

SOWK 609: Intro to Practice with CYF, VAC lead instructor, Fall 2018

Member CYF Curriculum Committee 2017-2020

Member CYF MAP Committee 2017- 2020

Member Positive Climate Committee, CYF Department 2018, 2019

SOWK 613: SW Practice with Children and Families in Early and Middle Childhood, VAC conversion, USC, 2016

SOWK 609: Intro Practice with CYF, VAC conversion, USC, 2016

SOWK 610: SW Practice with CYF across Settings, VAC conversion, USC, 2016

SOWK 544: Intro Practice, VAC conversion, USC, 2016

Member School of Social Work Faculty Admissions Review Committee, USC, 2015-2016

OTHER PROFESSIONAL ACTIVITIES

Clinical Consultant: Provided clinical supervision and mentorship to a team of counselors (MSWs, MFTs and interns) who provided individual, family and group counseling to residents of the agency's domestic violence program as well as participants who are not residents. Facilitated weekly group supervision and oversaw clinical documentation. Guided the team on their continued implementation of Trauma Informed Care and provided hands on training in Trauma informed care for the counseling staff and case management. Utilized theory and evidence informed practices to mentor staff.

Program Coordinator and Clinical Supervisor: Coordinated and managed DMH contracted Full-Service Partnership Program. Program supported high-risk youth ages 0-16 and their families utilizing a team approach. Responsible for a team comprised of therapists, case managers, and paraprofessionals. Provided clinical supervision to social workers and MFT interns as part of the Outpatient DMH and Full-Service Partnership Programs. Developed and conducted trainings and workshops for staff in wellness, clinical growth and play therapy. Supervised MSW and MFT trainees in their TF-CBT certification process. Collaborated with DMH and utilized an in-depth understanding of the policies related to the DMH process.

Therapist and MAT Assessor: Administered psychotherapy, TF-CBT, clinical case management, and crisis interventions in a variety of clinical settings to children ages 0-21, families, and groups. Contributed as a member of a dynamic interdisciplinary team. Provided clients with full assessment, diagnosis, treatment planning, and interventions. Collaborated with DMH contract agencies and DCFS in developing Multidisciplinary Assessment Team meetings to support stability for youth and families. Developed Summary of Findings documents for court that would impact the family's minute order. Utilized understanding of child-welfare policy to advocate for clients. Focused on infant assessments and certified to conduct the DMH I-CARE assessment for 0-5-year-old children.

Social Worker: Family Systems and Strengths based preventive care at a community-based program in Red Hook, Brooklyn. Provided individual, family, and group treatment to children ages 0-21 and their families. Using a Systems of Care model, met with families in the home, in clinic, and at the program's three partner schools. Integrated policy, theory, and practice to provide case management, clinical work, and supervision of MSW Interns.

INVITED and ACCEPTED PRESENTATIONS

Ross, L (2023) *Building Resilience* A presentation to the staff of Venice Family Clinic, Los Angeles, CA.

Ross, L and Nieto Manzer, D (2023) *Understanding the Impact of Social Media on Student Mental Health* A presentation to faculty and staff for Los Angeles County Office of Education, Los Angeles, CA.

Ross, L., Okine, L., Sosnik, G., & Cederbaum, J. A. (2023, January 11-15). *COVID, family stress, and the behaviors of school age children* [Oral presentation]. Society of Social Work and Research, Phoenix, AZ.

Ross, L., Okine, L., Sosnik, G., & Cederbaum, J. A. (2022, November 6-9). *Family stress, parenting behaviors, and the behaviors of school age children during the COVID-19 pandemic* [Roundtable presentation]. American Public Health Association Conference, Boston, MA.

Ross, L (2022) *Effective Communication with Children* A presentation delivered to the staff and administrators of the Temple Akiba Day Camp. Culver City, CA.

Ross, L (2022) *Building and Fostering Resilience* A six-week series of presentations and coaching sessions for staff and administration at LA Conservation Corps, Los Angeles, CA.

Ross, L (2020) *Building and Fostering Resilience* A six-week series of presentations and coaching sessions for staff and administration at Friends of the Children, Los Angeles, CA.

Ross, L. (2020) *Pathways to Resilience: A three-hour presentation to faculty and administration at New Designs Middle School, Los Angeles, CA.*

Ross, L (2019) *Building Resilience* A three-part presentation to the faculty at The City School, - a charter middle school, Los Angeles, CA.

Ross, L (2019) *Building Resilience* A one part presentation and accompanying coaching sessions for the faculty at the Environmental Charter Middle School. Inglewood, CA.

Ross, L (2019) *Introduction to the concept of White Fragility* Invited guest lecturer for a section of SW 630. Los Angeles, CA.

Ross, L. (2019) *Becoming Comfortable with Discomfort: Addressing White Fragility* Invited by the LA County Department of Human Relations to speak to their staff. Los Angeles, CA.

Ross, L (2019) *Becoming Comfortable with Discomfort: Addressing White Fragility in the Classroom* A presentation delivered to the USC Suzanne Dworak-Peck faculty during their first DEI Learning Lab. Los Angeles, CA.

Ross, L. (2019) *Becoming Comfortable with Discomfort: Addressing White Fragility in the Classroom* Accepted Presentation at the USC DEI Awareness Week. Los Angeles, CA.

Ross, L. (2019) *Starting with you: Self-Regulation and Self Care for Trauma Informed*

Organizations. A presentation delivered to the teachers at Da Vinci Charter School. Los Angeles, CA.

Ross, L (2018) *Effective Communication with Children A* presentation delivered to the staff and administrators of the Temple Akiba Day Camp. Culver City, CA.

Ross, L (2018) *Mandated Reporting and Effective Communication A* presentation delivered to staff and administrators of the Temple Akiba Resident Camp. Culver City, CA.

Ross, L. (2018) *Introduction to MAP A* presentation delivered to the students in the Children Youth and Families concentration at the School of Social Work. Los Angeles, CA.

Ross, L. (2017/2018) *Introduction to the Morning Meeting A* four-part training series delivered to the staff and administration at Elysian Heights Elementary School, Los Angeles, CA.

Ross, L. (2017) *Trauma Informed Care in Practice, Introduction A* presentation delivered to a group of 50 program staff and Administration at Inner City Arts, Los Angeles, CA.

Ross, L. (2017) *Trauma Informed Care In, Practice Introduction A* presentation delivered to staff and therapists at the LGBT Center of Los Angeles, Los Angeles, CA.

Ross, L. (2017) *Stress and Coping* Two day-long retreats presented to one group of 30 honor roll students and one group of 60 honor roll students at New Designs Charter Middle School, Los Angeles, CA.

Ross, L. (2017) *Trauma Informed Care Wrap-Up A* presentation delivered to staff and therapists at Venice Family Clinic, Venice, CA.

Ross, L. (2016) *Trauma Informed Care in Practice, Introduction A* presentation delivered to managing staff at LA County Department of Mental Health, Los Angeles, CA.

Ross, L. (2016) *Trauma Informed Care in Practice, Introduction A* presentation with follow up discussions delivered to staff and therapists at Personal Involvement Center, Los Angeles, CA.

Ross, L. (2016) *Stress and Coping* Two day-long retreats presented to two classes of 30 honor roll students at New Designs Charter Middle School, Los Angeles, CA.

Ross, L. (2016) *Trauma Informed Care in Practice, Introduction A* presentation delivered to staff and therapists at Venice Family Clinic, Venice, CA.

Ross, L. (2015) *Managing Challenging Behaviors with Empathy* Presented to the camp staff of Temple Akiba Summer Camp, Culver City, CA.

Ross, L. (2014) *Coping with Stress* Presented to the middle school students at Horace Mann Middle School, Beverly Hills, CA.

Ross, L. (2014) *Accepting Differences* Presented to the middle school students at Horace Mann Middle School, Beverly Hills, CA.

Ross, L. (2013) *Introduction to Parenting by Connection* Presented to parents at Pamper and Play in Westwood, Ca and The Playroom in Sherman Oaks, CA.

Ross, L. (2013) *Managing Challenging Behaviors with Empathy* Presented to the teaching team at Temple Akiba Early Childhood Center and Religious School, Culver City, CA.

Ross, L. (2013) *Introduction to Parenting by Connection* Presented to the parent community at Temple Akiba Early Childhood Center, Culver City, CA.

Ross, L. (2003). *Friendship by Example: Co-Leadership in an all-Girls' Group* Accepted oral paper presentation, *The 2003 American Association of Social Work with Groups Convention*, Boston, MA.

PUBLICATIONS

Ross, L., Okine, L., Sosnik, G., & Cederbaum, J. A. (Under Review) *COVID, family stress, and the behaviors of school age children* Submitted to Journal of Child and Family Studies

Ross, L., Okine, L., & Cederbaum, J. A. (Under Review) *Promoting social support as a protective factor for parental stress* Submitted to Journal of Family Issues

SPECIALIZED TRAINING

2023	USC Center for Excellence in Teaching Advanced Faculty Teaching Institute: Getting Comfortable with Challenging Discussions
2017	Beat the Odds, UCLA Healing Arts Group Trained Group Facilitator
2016	MAP (Managing and Adapting Practice) Trained Instructor
2014	Mindful Schools Mindfulness Fundamentals
2013	Mindful Awareness Research Center, UCLA Mindful Awareness Practices
2011	Certified Nonviolent Parenting Instructor Echo Parenting and Education
2010	Trauma Informed Cognitive Behavioral Therapy

PROFESSIONAL MEMBERSHIPS and AFFILIATIONS

Member: Westchester YMCA Health and Wellbeing Committee: Mental Health advisor

National Association of Social Workers

American Public Health Association

Counsel for Social Work Education

Society for Social Work and Research