

# LATESHAREED

DNP, MSN, MBA, PMHNP, FNP

## CURRICULUM VITAE HIGHLIGHTS

<https://lateshareed.weebly.com>

NURSE FACULTY AND EDUCATOR

### TEACHING & LEADERSHIP

\*Courses Taught:

- Primary Healthcare of Chronic Clients/Families Across The Lifespan - Clinical Practicum.
- Health Promotion, Education, And Disease Prevention Across The Lifespan.
- Advanced Health and Physical Assessment Across The Lifespan.
- Common Illnesses Across The Lifespan- Clinical Practicum
- Health Care Advocacy
- Health Behavior and Change.
- Cultural and Cross Cultural Perspective in Health
- Legal and Ethical Issues in Public Health
- Psychopharmacology

### PHILOSOPHY OF TEACHING

It is my responsibility as a faculty member, to both the student and community, that I create a consistent and warm environment where students feel comfortable seeking support but are also able to take productive feedback. In my experiences working in graduate level nursing I have used much of my energy to motivate, energize, and sharpen the skills of my students. While I still offer critical feedback, I also create a warm environment where feedback offers opportunities for growth and reject feelings of failure or lack of capability.

### CLINICAL EXPERIENCE

- *Culturally competent and sensitive care*
- *Trauma*
- *Substance Abuse*
- *Dual Diagnosis*
- *Inpatient, Outpatient, Crisis Management Psychiatry*
- *Women's Health*
  - *Proficiency in performing gynecological exams Family planning methods and teaching Insertion and removal of IUDs*
  - *Proficiency in I&Ds and endometrial biopsies Microscopic evaluation of cellular specimens*
- *Internal Medicine*
  - *Management of chronic health conditions Proficiency in joint injections*
  - *Experience in evaluating acute conditions*

### EDUCATION

**University of New Hampshire**  
**Doctor of Nursing Practice**

- Received Aurilio Scholarship

**Regis University**  
**Post Graduate Certificate PMHNP**

**Samuel Merritt University**  
**Master of Science Nursing FNP**

- Awarded NHSC Nurse Corps Scholarship

**California State University - Dominguez Hills**  
**MBA**

**University of Southern California**  
**Bachelor of Arts:** Spanish Language And Literature

### PROFESSIONAL BOARDS & AFFILIATIONS

- Urgent Point Professional Development and Mentorship Committee 2020-2021
- American Association of Nurse Practitioners
- Sigma Theta Tau Nursing Honor Society
- American Nursing Association
- AAAANC (American Nurse Credentialing Center)
- UMMA clinic volunteer Sacramento CA 2014-2015
- El Marino School ALLEM Board Member 2019-2021
- PTA member El Marino School 2015-2021

### LICENSES AND CERTIFICATIONS

- Board Certified PMHNP and FNP
- **Active FNP licenses:** California, Utah, Nevada, Washington, Minnesota, Florida, New Jersey, Tennessee, Arizona, Oregon, New York, Colorado
- **Certifications:** Certified Addiction Specialist, Lean Six Sigma Green Belt, Certified Grant-writer,
- Certified HEDIS Abstractor, Medication Assisted Treatment (MAT), TMS evaluator, LPS 5150 certified

## DOCTORATE QUALITY IMPROVEMENT PROJECT FOCUS

- Using a Psychopharmacology Education Program to Increase Primary Care Provider Comfort with Treating Basic Psychiatric Disorders

## TEACHING HISTORY

- 2021-Present**     **University of Southern California**  
**School of Social Work Department of Nursing**  
*Clinical Assistant Professor*
- The faculty member will provide classroom instruction in accordance with established course outlines while using comparative cross-cultural, multidisciplinary perspectives
  - Serves as a nursing role model for students by remaining current in nursing skills and knowledge and maintaining a professional approach, interpersonal relationships and legal and ethical responsibilities
  - Instructs and supervises students in the clinical setting, demonstrating knowledge and competence in clinical practice, utilization of curriculum objectives in planning student assignments
- 2019 -2021**     **US University**  
*Adjunct Faculty FNP Instructor*
- Instructed students using lectures, discussions and demonstrations in FNP core and clinical courses.
  - Built strong rapport with students through class discussions and academic advisement.
- 2016 - 2017**     **Western Governors University**  
*Faculty Instructor*
- Educated students utilizing core principles of nursing
  - Collaborated with other faculty members to develop instructional strategies to address student learning objectives
  - Monitored student progress through test and learning plans

## CLINICAL WORK EXPERIENCE

- 2019 - Current**     **Stairway Resource Center, Woodland Hills CA**  
*Director of Clinical Services/NP*
- Manage facilities clinical programs
  - Supervise and manage the daily activities of a clinical team consisting of MDs, NPs, and mental health clinicians.
  - Administrative call duties to include clinical review and approval of admissions
  - Led clinical team in delivering care services that promoted optimal patient mental and physical health.
  - Work within a multidisciplinary team in to meet medical needs of complex patients.

- Assess incoming medications and appropriateness of previous treatment plan.
- Complete initial and follow up assessments on patients in residence.
- Develop pharmacologic and treatment plan, make referrals as needed.

**2017 - 2019 Clare Matrix - Healing House , SantaMonica, CA**

*Director of Nursing*

*Psychiatric Nurse Practitioner*

- Work within a multidisciplinary team in to meet medical needs of complex patients.
- Assess incoming medications and appropriateness of previous treatment plan.
- Complete initial and follow up assessments on patients in residence.
- Develop pharmacologic and treatment plan, make referrals as needed.
- Monitor trends for each patient on assigned panel and followup as needed.

**2017 - 2018 Central City CommunityHealth Center, Los Angeles, CA**

*Psychiatric Nurse Practitioner/Residential Care Provider*

- Conduct initial patient evaluations and take detailed medical histories.
- Treat psychiatric conditions using a conservative approach
- Explain treatment plans to patients and/or their parents or guardians, relatives, and significant others and provide support throughout treatment program.
- Advocate for patients, especially with regard to schools and other organizations.
- Prescribe medication on a conservative basis to treat verifiable mental health diseases and conditions.
- Analyze and evaluate patient data and test or examination findings to diagnose nature and extent of mental disorder.

**2016 -Present Westside Family Health Center, Santa Monica, CA**

*Pediatric/Women's Health /Family Nurse Practitioner*

- Collect subjective data (obtain history)and objective data (perform a physical exam)
- Develop an assessment (diagnosis)
- Develop and implement a management plan
- Facilitate the referral of patients to the appropriate health facilities, agencies and resources within the community
- Order pharmacologic interventions
- Develop and implement an educational plan
- Plan for appropriate follow-up care

**SHORT TERM PROJECTS/REMOTE CONTRACT WORK**

**2019 - Present Clear Mind Treatment, Santa Monica, CA**

*Contract Psychiatric MentalHealth Nurse Practitioner*

- Perform psychiatric assessment and treatment via telemedicine software.

**2017 - 2018 MedZed, Culver City, CA**

*Telemedicine ComplexCare Provider-Nurse Practitioner*

- Perform assessment and treatment via telemedicine software.
- Monitor trends for each patient on assigned panel and follow up as needed.
- Continue providing care as deemed appropriate in order to reduceED/hospital visits

**2015 - 2016**      **Maxim Healthcare, Los Angeles, CA**  
*Health Risk Assessment NursePractitioner*

- Conduct comprehensive in-home health risk assessment to identify all active and chronic disease conditions as well as determine all physical, mental and social needs present at the time of the visit.

## **AWARDS**

**2020 - 2021**      **Northeast Health Care Quality Foundation /Robert A. Aurilio Scholarship**

**2015 - 2016**      **Delores Jones RN Scholarship Program**

**2012 - 2015**      **Nurse Corps Scholarship HRSA 2012**

## **TECHNOLOGY**

- Calendly
- Slack
- Loom
- HubSpot
- FreshTicket
- Asana
- Trello
- Zoom
- Google Suite

*\*References available upon request*