

**Curriculum Vitae**  
**Janett Amanda Hildebrand, PhD, FNP-BC, CDCES**

**Research Interests**

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|---------------------------|---------------------|--------------------------------|
| -Integrative health       | -Health promotion   | -Social determinants of health |
| -Interdisciplinary health | -Disease prevention | -Telehealth                    |
| -Health disparities       | -Latinx health      | -Type II diabetes              |

**Education**

June 2018	Doctor of Philosophy in Nursing Science Sue & Bill Gross School of Nursing University of California, Irvine	Irvine, CA
August 2001	Family Nurse Practitioner certificate Post-Master's FNP program at UCI School of Medicine University of California, Irvine	Irvine, CA
March 1993	Master's in nursing administration University of California, Los Angeles	Los Angeles, CA
May 1987	Baccalaureate degree in nursing Mount St. Mary's College	Los Angeles, CA
May 1985	Associate degree in nursing, Los Angeles Harbor College	Wilmington, CA
May 1978	Baccalaureate degree in biological sciences, Loyola Marymount University	Los Angeles, CA

**Certificates/Licensure**

- Registered Nursing License
- Public Health Nurse Certificate
- Family Nurse Practitioner Certificate and Furnishing Number
- Certified Diabetes Care and Education Specialist (CDCES)
- Board Certification through AANP

**Professional Experience**

2019- Present	<b>University of Southern California</b> Suzanne Dworak-Peck School of Social Work Department of Nursing <i>Associate Teaching Professor</i>	Los Angeles, CA
2017- Present	<b>Serve the People Community Clinic</b> <i>Family Nurse Practitioner – Primary Care</i> Provider for diabetes group visits	Santa Ana, CA

2011 – 2019	<b>St. Joseph Health System</b> <b>La Amistad Family Health Center</b> <i>Family Nurse Practitioner – Primary Care</i> Initiated diabetes group visit	Orange, CA
2006 – 2012	<b>St. Joseph Health System</b> <b>Puente a La Salud</b> <i>Family Nurse Practitioner – Medical mobile services</i>	Orange, CA
2015 – 2015	<b>California Baptist University</b> <i>Adjunct Nursing Instructor</i> Family Primary Health Care I (Didactic and Clinical Sections)	Riverside, CA
2008 – 2014	<b>California State University, Dominguez Hills</b> Online instructor for Introductory Pharmacology, Advanced Pharmacology, Advanced Physical Assessment, Clin III – Chronic Care	Carson, CA
2007 – 2011	<b>California State University, Fullerton</b> Online instructor for Physical Assessment and Community Health Nursing	Fullerton, CA
2001 – 2003	<b>Huntington Beach Community Clinic</b> <i>Family Nurse Practitioner – Women's Health Services</i>	Huntington Beach, CA
1997 – 2006	<b>St. Joseph Health System</b> <b>St. Jude Medical Center – Outreach Services</b> <i>Family Nurse Practitioner – Outreach Mobile Scvs</i> Primary care services to adults, prenatal, and pediatric populations <i>Manager &amp; Care Coordinator – Outreach Mobile</i>	Fullerton, CA
1993 – 1997	<b>UCI Medical Center</b> <i>Administrative Nurse III – OB/GYN Outpatient Services</i> <i>Operations Manager – Ambulatory Services</i>	Orange, CA
1986 – 1993	<b>Orange County Health Care Agency</b> <i>Public Health Nurse – Field Nursing</i>	Santa Ana, CA
1985 – 1986	<b>Harbor-UCLA Medical Center</b> <i>Staff Registered Nurse on a medical floor</i>	Torrance, CA

### Peer Reviewer (Publons)

- Asia Pacific Journal of Public Health
- Endocrinology, Diabetes & Metabolism
- European Journal of Cardiovascular Nursing
- Global Qualitative Nursing Research
- Japan Journal of Nursing Science
- Nursing Open

### Book Chapter:

Zappas, M., Cadena, D., Sanchez, C., **Hildebrand, J.A**, O'Neill, S. (2022). Nursing. In Gholamrezanezhad, A. & Dube, M. (Eds), Coronavirus Disease 2019 (COVID-19): A clinical guide. Wiley Blackwell.

## Publications

Mirzadeh, S.I., Arefeen, A., Ardo, J., Fallahzadeh, R., Minor, B., Lee, J.-A., **Hildebrand, J.A.**, Cook, D., Ghasemzadeh, H., Evangelista, L.S. (2022). Use of machine learning to predict medication adherence in individuals at risk for atherosclerotic cardiovascular disease. *Smart Health* (26). <https://doi.org/10.1016/j.smhl.2022.100328>

Ardo, J., Lee, J.-A., **Hildebrand, J. A.**, Guijarro, D., Ghasemazadeh, H., Strömberg, A., & Evangelista, L. S. (2021). Codesign of a cardiovascular disease prevention text message bank for older adults. *Patient Education and Counseling*. <https://doi.org/10.1016/j.pec.2021.03.036>

Zappas, M., Walton-Moss, B., Sanchez, C., **Hildebrand, J. A.**, Kirkland, T. (2021). The decolonization of nursing education. *JNP* 17(2), 225-229. doi:10.1016/j.nurpra.2020.11.006

**Hildebrand, J.A.**, Billimek, J., Lee, J.A., Sorkin, D.H., Olshansky, E.F., Clancy, S.L., Evangelista, L.S. (2019). Effect of diabetes self-management education on glycemic control in Latino adults with type 2 diabetes: A systematic review and meta-analysis. *Patient Education and Counseling*, 103(2):266-275. doi:10.1016/j.pec.2019.09.009

Ardo JC, Lee J-A, **Hildebrand JA**, Guijarro D, Ghasemzadeh HG, Evangelista LS. Abstract P067: A Co-design approach to validate a text message bank for use with older adults at risk of cardiovascular disease. *Circulation (New York, NY)*. 2019;139(Suppl\_1). doi:10.1161/circ.139.suppl\_1.P067

**Hildebrand, J. A.** (2018). Integrating coached care into shared medical appointments in adult Latinos with type 2 diabetes. ProQuest Dissertations Publishing. ISBN: 0438303903

**Hildebrand, J. A.**, Billimek, J., Olshansky, E. F., Sorkin, D. H., Lee, J. A., & Evangelista, L. S.(2018). Facilitators and barriers to research participation: perspectives of Latinos with type 2 diabetes. *Eur J Cardiovasc Nurs*, 17(8), 737-741. doi:10.1177/1474515118780895

Guo, Y., **Hildebrand, J.**, Rousseau, J., Brown, B., Pimentel, P., & Olshansky, E. (2018). Underserved pregnant and postpartum women's access and use of their health records. *MCN Am J Matern Child Nurs*, 43(3), 164-170. doi:10.1097/nmc.0000000000000432

**Hildebrand, J.**, Hjelmfors, L., Ballard-Hernandez, J., Espinosa, M., Jaarsma, T. Stromberg, A., Evangelista, L. Abstract 22: Communication about prognosis and end-of-life care in heart failure care at EuroHeartCare 2017. *European journal of cardiovascular nursing: journal of the Working Group on Cardiovascular Nursing of the European Society of Cardiology*. 2017;16(1\_suppl): S1-S100. doi:10.1177/1474515117700580

Cacciata, M., **Hildebrand, J.**, Stromberg, A., Evangelista, L. Abstract 162: Low perceived control is associated with depression in middle aged patients with heart failure at EuroHeartCare 2017. *European journal of cardiovascular nursing: journal of the Working Group on Cardiovascular Nursing of the European Society of Cardiology*. 2017;16(1\_suppl): S1-S100. doi:10.1177/1474515117700580

## **Presentations**

March 2023	Diabetes pharmacology update at CANP Annual Conference in Monterrey, CA
April 2022	Facilitating Innovative Strategies & Accountability to Advance DEIB in APN Education at the National Organization of Nurse Practitioner Faculties, Minneapolis, MN
March 2020	Accepted as a podium presentation: Fatty Liver and Type 2 Diabetes: A New Paradigm at CANP Annual Conference – postponed due to COVID
March 2020	Accepted as a podium presentation: Diabetes Medications: An Update at CANP Annual Conference – postponed due to COVID
April 2019	Poster presentation: Integrating Coached Care into Shared Medical Appointments in Latino Adults with Type 2 Diabetes: A Pilot Study at WIN conference, San Diego, CA
April 2018	Poster presentation: Refining Self-Management Education Program in a Latino Population at WIN conference, Spokane, WA
April 2018	Poster presentation: Integrating Coached Care into Shared Medical Appointments in Latino Adults with Type 2 Diabetes at WIN conference, Spokane, WA
May 2017	Poster presentation: Examining Nurses' Knowledge and Attitudes Regarding Prognosis and End-of-Life Care for Patients with Heart Failure at EuroHeartCare 2017 Conference, Jonkoping, Sweden
April 2017	Podium presentation: An Integrative Review: Effect of Diabetes Self-Management Education in Latino Adults at WIN conference, Denver, CO
April 2017	Poster presentation: An Integrative Review: Shared Medical Appointments in Patient with Diabetes at WIN conference, Denver, CO
March 2017	Podium presentation: Diabetes Self-Management Education and Support: Helping Patients Succeed at CANP Annual Conference, Burlingame, CA
March 2017	Podium presentation: Clinician Burnout: Mindfulness to Alleviate Stress at CANP Annual Conference, Burlingame, CA
March 2016	Podium presentation: Social Determinants of Health: Looking Upstream for Answers at CANP Annual Conference, Newport Beach, CA
November 2014	Podium presentation: Heart Healthy Lifestyle Counseling: A focus on the Female Patient at PCNA, Long Beach, CA

## **Honors/Awards**

2017	Recipient of National Diabetes Education Program Scholarship
2017	Recipient of the UCI Public Impact Fellowship award
2014	Recipient of the Disabled Student Services Outstanding Professor Award at CSUDH
2010	Recipient of the Dignity Award at St. Joseph Hospital
2007	Recipient of Cal-Optima Circle of Care Award

## **Membership**

- American Association of Nurse Practitioners (AANP)
- American Diabetes Association (ADA)
- American Heart Association (AHA)

- American Nurses Association (ANA)
- Association of Diabetes Care & Education Specialists (ADCES)
- California Association of Nurse Practitioners (CANP)
  - State Finance Committee – member – 2019 to 2022
  - State Board Member – Education Committee – Co-chair – 2013 to 2017
    - Abstract reviewer for annual conference 2013 through 2018
  - Region 15 President – 2012
  - Region 15 VP of Finance – 2002 to 2008
- National Association of Hispanic Nurses (NAHN)
- Preventive Cardiovascular Nurses Association (PCNA)
- The National Organization of Nurse Practitioner Faculties (NONPF)
  - Annual conference planning committee – 2021 – 2023
    - Abstract reviewer – 2022
    - Conference Moderator – 2022
    - DNP project reviewer – 2023
  - Member – Diversity, Equity, and Inclusion Sig
  - Member – Social Determinants of Health Sig