# **Curriculum Vitae**

# Cynthia Sanchez DNP, RN, FNP-C

University of Southern California
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## **Education**

Southern California CSU DNP Consortium Doctor of Nursing Practice	May 2016
California State University Dominguez Hills Master of Science in Nursing- Family Nurse Practitioner	May 1999
California State University Los Angeles Bachelor of Science in Nursing	June 1991
Rio Hondo College Associate of Science in Nursing	June 1986

# Advanced Practice Nursing Experience: Public Health

17th Street Testing, Treatment, and Care Santa Ana, CA

September 2017 to Present

Position: Nurse Practitioner

- Evaluation and treatment of sexually transmitted infections for heterosexual, lesbian, gay, bisexual, transgender and questioning persons
- Management of pre exposure prophylaxis for patients with high ris k for HIV
- Member data management committee, clinic champions

# Advanced Practice Nursing Experience: Women's Health

LAC/USC Medical Center

April 2004 to August 2017

## Department of OB/GYN

Los Angeles, CA

Position: Nurse Practitioner

- Evaluation and management of gynecological conditions of women across their lifespan acute and chronic conditions
- Responsible for preoperative history and physical examinations, post operative examinations for patients requiring surgery
- Performance of gynecologic procedures including endometrial biopsy, vulvar biopsy, colposcopy and insertion and removal of IUD's
- Coordination for patients requiring gynecologic surgery
- Mentor new staff
- Preceptor for PA and NP students
- Assist in training of Medical Residents, and Medical Students
- Assist in clinical training of resident physicians
- Voluntary faculty USC #938475095
- Delegate RN Professional Council

# **Advanced Practice Nursing Experience:**

# **Family Practice**

Central City Health Center

December 2019 to present

Anaheim, CA

Position: Family Nurse Practitioner

- Physical examinations of adults
- Management of women's healthcare needs including gyn care, management of menopausal symptoms, family planning, and well women's visits
- Management of routine illnesses for adults including referral of patients with complex illnesses as necessary

South Gate Medical Clinic

October 2002 to April 2004

South Gate, CA

Position: Family Nurse Practitioner

- Physical examinations of children and adults
- Management of women's healthcare needs including prenatal care, family planning, and well women's visits
- Management of routine illnesses for adults and children including referral of patients with complex illnesses as necessary

Saint Joseph's Medical Clinic

July 2000 to October 2002

Hawthorne, CA

Position: Family Nurse Practitioner

- Physical examinations of children and adults
- Management of women's healthcare needs including family planning, and well women's visits
- Management of routine illnesses and chronic conditions for adults and children including referral of patients with complex illnesses as necessary

### **Nursing Experience**

LA County Department of Health Services

February 1992 to April 2004

Whittier, CA

Position: Public Health Nurse

- Case management
- Community Outreach –Collaboration with community based organizations and government agencies
- Liaison for CSULB and CSULA students

LAC/USC Medical Center AIDS Ward

May 1990 to September 1991

Los Angeles, CA

Position: Assistant Nurse Manager

- Supervision of staff
- Team leading
- Direct patient care
- Implemented and facilitated patient support group meetings
- Implement/ report Quality Improvement
- Provide employee evaluations

LAC/USC Medical Center Internal Medicine Ward

January 1987 to May 1990

Los Angeles, Cay Position: Staff Nurse

- Team Leading
- Direct patient care
- Quality Assurance

## **Academic Experience**

University of Southern California Suzanne Dworak-Peck School of Social Work Department of Nursing Los Angeles, CA July 2019 to Present

Position: Clinical Assistant Professor

- Utilize online platforms to facilitate student learning in their clinical experience
- Participate in facilitating and evaluating students physical assessment skills in their On Campus Intensive experience
- Facilitate and assist student learning experiences by contacting and maintaining communication between student, preceptor, and the University
- Lead faculty for NUR 503 Theory: Clinical Management of Adult Patients, and NUR 505 Clinical Practicum: Management of Adult Patients
- Reiteration of course content for NUR 503 and 505 in collaboration with faculty and educational technology vendor
- Other Courses taught: NUR 600 Theory: Clinical Management of Adult Patients with Complex Medical Issues, NUR 604 Clinical Practicum: Management of Adult Patients with Complex Medical Issues, NUR 605 Professional Issues in Advanced Practice Nursing, NUR 608 Clinical Practicum: Family Primary Care
- Member Progressions Committee
- Member Evaluations Committee
- Co-chair Diversity, Equity and Inclusion Committee

Position: Adjunct Lecturer August 2017 to June 2019

- Utilize online platforms to facilitate student learning in their clinical experience
- Participate in facilitating and evaluating students physical assessment skills in their On Campus Intensive experience
- Facilitate and assist student learning experiences by contacting and maintaining communication between student, preceptor, and the University

University of Phoenix Southern California Campus March 2012 to August 2017

Position: Faculty

- Implement curriculum to meet diverse needs of students
- Integrate PowerPoint, discussion boards, and various media into activities
- Collaborate with community organizers and clinical sites to facilitate students clinical experiences

#### **Publications**

Zappas, M., Cadena, D., **Sanchez**, C., Hildebrand, J., O'Neill, S. (in press). Nursing. In Gholamrezanezhad, A. & Dube, M. (Eds), Coronavirus Disease 2019 (COVID-19): A clinical guide. Wiley Blackwell.

O'Neill, S., Woodruff, K., Zappas, M., **Sanchez**, C. (in press) Nurses and contracts. American Nurse Journal

Zappas M., Walton-Moss, B., **Sanchez**, C. Hildebrand, J., & Kirkland, T. (2021) The decolonization of nursing education. Journal for Nurse Practitioners, 17(2), 225-229. https://doi.org/10.1016/j.nurpra.2020.11.006

**Sanchez**, C, Israel, R., Hughes, C. & Gorman, N. (2019). Well-woman Examinations: Beyond Cervical Cancer Screening. Journal for Nurse Practitioners, 15(2), 189–194.e2. <a href="https://doi.org/10.1016/j.nurpra.2018.09.005">https://doi.org/10.1016/j.nurpra.2018.09.005</a>

#### **Presentations and Awards**

Prevalence of Gynecologic Findings Discovered During Well Woman Examinations. California Association of Nurse Practitioners Virtual Annual Conference April 23, 2021

Prevalence of Gynecologic Findings Discovered During Well Woman Examinations. American Association of Nurse Practitioners National Conference June 23, 2017

California State University Los Angeles Outstanding Academic Achievement. April 29,2016

Prevalence of Gynecological Findings Discovered During Routine Well Examinations for Women 40 and over. American Society for Colposcopy and Cervical Pathology National Conference April 16, 2016

Poster - Prevalence of Gynecological Findings Discovered During Well Woman Examinations for Women 40 and Over- (First Runner up) Research and Information Exchange Category. Western Institute of Nursing Research Conference April 9, 2016

### Affiliations and Memberships

Sigma Theta Tau
American Association of Nurse Practitioners
California Association of Nurse Practitioners
Nurse-Led Care Consortium
Western Institute of Nursing
National Association of Hispanic Nurses
American Nurses Association
American Public Health Association

#### **Certifications /Licenses**

Nurse Practitioner California NP 11209 Registered Nurse California RN 403239 DEA MS1230438 AANP Family Nurse Practitioner F081202 Basic Colposcopy Certification