

## CURRICULUM VITAE

### MICHELLE PETERS ZAPPAS, DNP, FNP-BC

#### PERSONAL INFORMATION:

##### **Work**

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##### **Home**

Culver City, CA 90230  
  
Citizenship: USA

#### EDUCATION

##### **EDUCATION:**

2012	Doctorate of Nursing Practice, Columbia University, New York, NY
2009	Master of Science Nursing, Columbia University, New York, NY
2007	Bachelor of Science Nursing, Columbia University, New York, NY
2001	Bachelor of Science Animal Physiology and Neuroscience <i>cum laude</i> , University of California, San Diego, La Jolla, CA

#### LICENSURE, CERTIFICATIONS

##### **LICENSURE:**

2022	758660, Registered Nurse, California
2022	NP95002345, Nurse Practitioner, California
2020	95002345, Nurse Practitioner Furnishing, California
2017	F335854, Nurse Practitioner Family Health, New York
2015	588481-1, Registered Nurse, New York

##### **BOARD CERTIFICATION OR ELIGIBILITY:**

2019	ANCC, Board Certified 20090028
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##### **OTHER CERTIFICATIONS OR EXAMINATIONS:**

2010-2013	HIV Clinical Specialist
2012	Botulinum Toxin A and Dermal Fillers

#### PROFESSIONAL EXPERIENCE

##### **ACADEMIC APPOINTMENTS:**

2021 – present	Program Director and Clinical Placement Director	Department of Nursing, University of Southern California, Suzanne Dworak-Peck School of Social Work Los Angeles, CA
2018- present	Clinical Associate Professor	Department of Nursing, University of Southern California, Suzanne Dworak-Peck School of Social Work Los Angeles, CA
2015-2018	Clinical Assistant Professor	Department of Nursing, University of Southern California, Suzanne Dworak-Peck School of Social Work Los Angeles, CA
2014	Assistant Clinical Professor	School of Nursing, Columbia University, New York, NY
2010-2013	Teaching Assistant/Clinical Advisor	School of Nursing, Columbia University, New York, NY

**CLINICAL AND ADMINISTRATIVE POSITIONS:**

2017- present	Nurse Practitioner	Luxe Aesthetic and Wellness Center, Yorba Linda, CA
2016 - 2019	Nurse Practitioner Per Diem	Saban Community Clinic, Los Angeles, CA
2013-2015	Nurse Practitioner	Columbia University Medical Center, Student Health Service New York, NY
2009-2015	Nurse Practitioner/Director of Nursing	Neighborhood and Family Health Center
2007-2009	Registered Nurse	Beth Israel Medical Center, New York, NY
2001-2003 2004-2006	Staff Research Associate III	University of California, San Francisco, San Francisco, CA

**HONORS, AWARDS:**

2009	Sigma Theta Tau
2009	Phi Beta Kappa Society
1997-2001	Golden Key National Honor Society
1997-2001	Provost Honor Society

**TEACHING**

**DIDACTIC TEACHING:**

*USC Suzanne Dworak-Peck School of Social Work*

<i>Year-Year</i>	<i>Course Name</i>	<i>Units/Hrs</i>	<i>Role</i>
2017-present	NURS 503 Theory: Clinical Management of Adult Patients	3 Units	Section Faculty
2016-present	NURS 505 Clinical Practicum: Clinical Management of Adult Patients	3 Units	Lead/Section Faculty
2017-present	NURS 607 Theory: Family Primary Care	2 Units	Lead/Section Faculty
2017-present	NURS 608 Clinical Practicum: Family Primary Care	2 Units	Lead/Section Faculty
2018-present	NURS 605: Professional Issues for Advance Practice Nurses	3 Unites	Section Faculty
2019-present	NURS 501: Pathophysiology for Advanced Practice Nursing	4 Units	Lead Faculty
2021-present	NURS 605: Health Policy	2 Units	Lead/Section Faculty

*Columbia University*

<i>Year-Year</i>	<i>Course Name</i>	<i>Units/Hrs</i>	<i>Role</i>
2014	N8765 Adult Geriatric Clinical Seminar Across Adult Life III	1 Unit	Assistant Clinical Professor
2010-2013	N8693 Family Primary Care: Practicum IIA	2 Units	Teaching Assistant and Clinical Advisor
2010-2013	N8566 Family Primary Care: Practicum IIIA	2 Units	Teaching Assistant and Clinical Advisor
2010-2013	N8567 Family Primary Care: Practicum IIIB	2 Units	Teaching Assistant and Clinical Advisor
2011-2012	N6703 Nursing Practice in the Community		Teaching Assistant and Clinical Advisor

**SERVICE**

**DEPARTMENT SERVICE:**

2015-present	Department of Nursing Curriculum and Clinical Placement Committee	University of Southern California, Suzanne Dworak-Peck School of Social Work Department of Nursing
2015-2019	Department of Nursing Clinical Placement Committee	University of Southern California, Suzanne Dworak-Peck School of Social Work Department of Nursing
2016-present	Department of Nursing Applications Review Committee	University of Southern California, Suzanne Dworak-Peck School of Social Work Department of Nursing
2017, 2019	Annual Performance Review Committee	University of Southern California, Suzanne Dworak-Peck School of Social Work Department of Nursing
2017-present	On campus intensive #2 committee	University of Southern California, Suzanne Dworak-Peck School of Social Work Department of Nursing
2017- present	Diversity, Equity, and Committee	University of Southern California, Suzanne Dworak-Peck School of Social Work Department of Nursing
2018-present	Chair of Evaluations Committee	University of Southern California, Suzanne Dworak-Peck School of Social Work Department of Nursing
2019-present	Student Retention and Progression Committee	University of Southern California, Suzanne Dworak-Peck School of Social Work Department of Nursing

**SUZANNE DWORAK-PECK SCHOOL OF SOCIAL WORK SERVICE:**

2016-present	Faculty Advisor, Association of Student Nurse Practitioners	University of Southern California, Suzanne Dworak-Peck School of Social Work
2018	Organizing Member	University of Southern California, Suzanne Dworak-Peck School of Social Work, Health and Wellness Fair
2018-present	Chair, Evaluations Committee	University of Southern California, Suzanne Dworak-Peck School of Social Work, Department of Nursing
2019-present	Organizing Member	Interprofessional Collaborative Education Event, Suzanne Dworak-Peck School of Social Work

**HOSPITAL/ HEALTH CARE ORGANIZATION GROUP (CLINICAL PRACTICE) SERVICE:**

2013-2015 2016	Eating Disorder Interprofessional Behavioral and Mental Health	Columbia University Medical Center, Student Health Saban Community Clinic
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**PROFESSIONAL SOCIETY MEMBERSHIPS:**

2015-present	National Organization of Nurse Practitioner Faculties
2016-present	Western Institute of Nursing
2016-present	California Association of Nurse Practitioners
2016-present	American Association of Nurse Practitioners

## **RESEARCH AND SCHOLARSHIP**

### **MANUSCRIPT REVIEW:**

2017-2020      The Journal for Nurse Practitioners

### **PUBLICATIONS:**

#### **REFEREED JOURNAL ARTICLES:**

O'Neill, S.P., Woodruff, K., Sanchez, C., **Zappas, M.P.** (February 2022). Nurses and Contracts. American Nurse, <https://www.myamericannurse.com/nurse-and-contracts/>.

Foreman, R.M., **Zappas, M.**, Lavell, J. (2022). Dermatology Dilemmas: Dermatology Variations in Skin of Color. *The Nurse Practitioner Journal*, 47(2).

Foreman, R.M., **Zappas, M.**, Lavell, J. (December 2021). Children with hearing impairment and cochlear implants. *The Journal for Nurse Practitioners*, <https://authors.elsevier.com/a/1eF6w5XgHbcuxE>

**Zappas, M.**, Foreman, R..M. (2021). Pharmacogenetics in Practice: Drug management amidst rare genomic testing. *The Journal for Nurse Practitioners* 17(9). <https://doi.org/10.1016/j.nurpra.2021.07.001>

**Zappas, M.**, Walton-Moss, B., Sanchez, C., Hildebrand, J., Kirkland, T. (2020). The decolonization of nursing education. *The Journal for Nurse Practitioner*. <https://doi.org/10.1016/j.nurpra.2020.11.006>

Kirkland, T.W., **Zappas, M.**, Liu, A., Hueck, S.E., Fava-Hochuli, J., & Win, M. (2021). Virtual OSCEs during COVID-19: A paradigm shift in training the next generation of nurse practitioner students. *Journal of Nursing Education and Practice*, 11(4). <http://www.sciedupress.com/journal/index.php/jnep/article/view/19525>

**Zappas, M.P.**, Becker K. & Walton-Moss, B. (2020). Postpartum anxiety. *The Journal for Nurse Practitioners*. September 2020. <https://doi.org/10.1016/j.nurpra.2020.08.017>

Foreman, R., **Zappas, M.**, & Whitely, C. (2020). Antidepressant withdrawal: A guide for primary care clinicians. *The Journal for Nurse Practitioners*, 16(3). <https://doi.org/10.1016/j.nurpra.2019.12.013>

**Zappas, M.**, & Foreman, R. (2020). Preparing for Preexposure Prophylaxis. *Journal of Doctoral Nursing Practice*, 13(1). <http://dx.doi.org/10.1891/2380-9418.13.1.3>

Aisner, A., **Zappas, M.**, & Marks, Adrienne. (2020). Primary care for lesbian, gay, bisexual, transgender, queer/questioning patients. *The Journal for Nurse Practitioners*.

**Zappas, M.**, Whitely C., & Carter, S. (2019). Global Travel: What to know before they go. *The Journal for Nurse Practitioners*, 15(8), 554-549. <https://doi.org/10.1016/j.nurpra.2019.02.020>

Granger, T, **Zappas, M**, Walton-Moss, B, & O'Neill, S. (2018). Syllabus selections: A patient panel of case studies to teach across the family nurse practitioner curriculum. *JNE*, 58(8), 512.

**Zappas, M.**, & Granger, T. (2017). Managing adolescents with type II diabetes: Promoting a healthy lifestyle. *The Journal for Nurse Practitioners*, 13(4), e171-e176.

**Zappas, M.**, Gentes, M., & Walton-Moss, B. (2017). The use of incretin therapy in the treatment of Type 2 Diabetes Mellitus. *The Journal for Nurse Practitioners*, 13(6), 418-424.

Young-Pitts, C., Hicks, R., Love, R., Harkless, G., Honig, J., Desjardins, K., Hardin-Pierce, M., Linton, D., Jones, M., Murphy, M., Rotondo, L., Robertson-Bell, T., Bursch, L., Nikbakht, S., Sutter, C., Knestrick, J., Roberts, M.E., Wijewardane, J., Anderson, S., Scordo, K., Fura, L., Witt, D., Kirkland, T., **Zappas, M.**, Sherry, D., Johnson, M., Waldrop, J., Budd, G., Lis, G., Wolf, A., Chase, S., King, J., Ficken, D., & Newland, J. (2016). White Paper: The Doctor of Nursing Practice Nurse Practitioner Clinical Scholar 2016. *The National Organization of Nurse Practitioner Faculties*.

**Peters, M. M.** (2013). The use of Anti-Retroviral Therapy in the Prevention of HIV Transmission among Serodiscordant Couples. *Clinical Scholars Review* 6(2), 105-9.

Ulysse, F. & **Peters, M.** (2012). A 44-year-old female with metastatic cancer pain. *Oncology Nursing Society*.

Thyregod, H.G., Rowbotham, M.C., **Peters, M.M.**, Possehn, J., Berro, M., Petersen, K.L. (2006). Natural history of pain following Herpes Zoster. *Pain*, 09(021), 10.1016.

Berry, J., **Peters, M.M.**, Rowbotham, M.C., Petersen, K.L. (2003). Symptoms suggesting reflex-sympathetic dystrophy following acute herpes zoster. *The Journal of Pain*, 4(2), 14.

#### REFEREED JOURNAL ARTICLES IN PRESS:

#### BOOKS:

**Zappas, M.**, Cadena, D., Sanchez, C., Hildebrand, J., O'Neill, S. (2022). Nursing. In Gholamrezanezhad, A. & Dube, M. (Eds), Coronavirus Disease 2019 (COVID-19): A clinical guide. Wiley Blackwell.

Tkacs, N.C., Hermann, L.L., & Johnson, R.L. (2020). Contributor in Advanced Physiology and Pathophysiology: Essentials for clinical practice. Springer.

#### ABSTRACTS AND PRESENTATIONS:

##### International:

Kirkland, T.W., **Zappas, M.**, Liu, A., Hueck, S.E., Fava-Hochuli, J., & Win, M. (February, 2020). Virtual OSCEs during COVID-19: A paradigm shift in training the next generation of nurse practitioner students. Poster Presentation at Innovations in Medical Education Online Conference 2021.

##### National:

Franklin, U., Brown, D., & **Zappas, M.** (June, 2022). The Opioid Epidemic, Now What: Training Students on Integrated Behavioral Health. Virtual Presentation at the Network for Social Work Management Conference 2022.

**Zappas, M.,** Franklin, U, Lewis, J., & Singh, M. (2022, April). Harnessing Technology: Leveraging virtual capacity in response to the global pandemic. Virtual Presentation at the Social Work Distance Education Conference.

Supranovich, R., **Zappas, M.P.,** Brown, D., & Borja, J. (2022, April). Creative approaches to online training in interprofessional education to address health inequities. Virtual Presentation at the Social Work Distance Education Conference.

**Zappas, M.** & Granger, T. (2019, June). Managing adolescents with type 2 diabetes mellitus. Poster presentation at the American Academy of Nurse Practitioners 2019 National Conference, Indianapolis, IN.

Kirkland, T., **Zappas, M.,** Jones-Holley, M., Whitely, C., O'Neill. (2018, April). Use of a multifaceted team-based approach in preparing the next generation of advanced practice nurses. Podium presentation at the National Organization of Nurse Practitioner Faculties 44<sup>th</sup> Annual Conference, Indianapolis, IN.

Granger, T., & **Zappas, M.** (2018, April). Guided inquiry learning in online graduate courses: The cycle of learning. Poster presentation at the National Organization of Nurse Practitioner Faculties 44<sup>th</sup> Annual Conference, Indianapolis, IN.

**Zappas, M.,** & Granger, T. (2017, June). The importance of Integrative Health in primary care: Western medicine will only take you so far! Podium presentation at the American Academy of Nurse Practitioners 2017 National Conference, Philadelphia, PA.

Granger, T., **Zappas, M.,** Walton-Moss, B., & O'Neill, S. (2017, April). Using a patient panel of case studies to teach across the FNP curriculum. Podium presentation at the National Organization of Nurse Practitioner Faculties 43<sup>rd</sup> Annual Conference, Washington D.C.

**Zappas, M.** (2016, June). Practical use of the incretin therapies in primary care. Symposium conducted at the American Association of Nurse Practitioners 2016 National Conference, San Antonio, TX.

Petersen, K.L., **Peters, M.M.,** Reda, H.M., Berro, M., Rowbotham, M.C. (2003, March). Assessment of cutaneous nociceptor function by capsaicin response test during and after acute herpes zoster. 55<sup>th</sup> Annual Meeting, American Academy of Neurology, Honolulu, Hawaii. *Neurology*, 60(5), A155.

Petersen, K.L., Rice, F.R., Berro, M., Reda, H.M., **Peters, M.M.,** Ren, J., Rowbotham, M.C. (2003, March). Evolution of pain and coetaneous innervations after an episode of acute herpes zoster. 55<sup>th</sup> Annual Meeting, American Academy of Neurology, Honolulu, Hawaii. *Neurology*, 60(5), A156.

### **Regional:**

**Zappas, M.** (2022, April). Loud and Clear: Understanding Audism and Hearing Loss in the Pediatric Population. Podium Presentation at the California Association of Nurse Practitioners 44<sup>th</sup> Annual Educational Conference, Pasadena, CA.

Lewis, J., Goodman, K., Granger, T., and **Zappas, M.** (2019, April). Grand rounds: Building collaborative relationships between nursing and social work. How to manage substance abuse and co-occurring disorders in a young, homeless mother. University of Southern California, Suzanne Dworak-Peck School of Social Work.

- Aisner, A., Marks, A., & **Zappas, M.** (2019, March). Embrace the Rainbow: Primary care of the LGBT+. Podium Presentation at the California Association of Nurse Practitioners 2019 Educational Conference, San Diego, CA.
- Zappas, M.** (2018, March). The Dermatologic Detective. Podium Presentation at the California Association of Nurse Practitioners 2018 Educational Conference, San Diego, CA.
- Zappas, M.** (2017, March). International Travel in 2017: What to know before they go. Podium Presentation at the California Association of Nurse Practitioners 2017 Educational Conference, San Francisco, CA.
- Olshansky, E., Granger, T., Jordan-Marsh, M., O'Neill, S., Schneiderman, J.U., Walton-Moss, B., & **Zappas, M.** (2016, April). Grand challenges for society: A collaboration between USC Nursing and Social Work. Poster presented at the 49<sup>th</sup> Annual Western Institute of Nursing Communicating Nursing Research Conference, Anaheim, CA.
- Zappas, M.**, Granger, T., Jordan-Marsh, M., Olshansky, E., O'Neill, S., Schneiderman, J.U., & Walton-Moss, B. (2016, April). Grand challenges for society: Advancing long and productive lives. Poster presented at the 49<sup>th</sup> Annual Western Institute of Nursing Communicating Nursing Research Conference, Anaheim, CA.
- Granger, T., Jordan-Marsh, M., Olshansky, E., O'Neill, S., Schneiderman, J.U., Walton-Moss, B., & **Zappas, M.** (2016, April). Grand challenges for society: Creating social responses to a changing environment. Poster presented at the 49<sup>th</sup> Annual Western Institute of Nursing Communicating Nursing Research Conference, Anaheim, CA.
- Walton-Moss B., Granger, T., Jordan-Marsh, M., Olshansky, E., O'Neill, S., Schneiderman, J.U., & **Zappas, M.** (2016, April). Grand challenges for society: Promoting smart decarceration. Poster presented at the 49<sup>th</sup> Annual Western Institute of Nursing Communicating Nursing Research Conference, Anaheim, CA.
- Schneiderman, J.U., Granger, T., Jordan-Marsh, M., Olshansky, E., O'Neill, S., Walton-Moss, B., & **Zappas, M.** (2016, April). Grand challenges for society: Stopping family violence. Poster presented at the 49<sup>th</sup> Annual Western Institute of Nursing Communicating Nursing Research Conference, Anaheim, CA.
- Jordan-Marsh, M., Granger, T., Olshansky, E., O'Neill, S., Schneiderman, J.U., Walton-Moss, B., & **Zappas, M.** (2016, April). Grand challenges for society: Harnessing technology for social good: The potential of virtual reality. Poster presented at the 49<sup>th</sup> Annual Western Institute of Nursing Communicating Nursing Research Conference, Anaheim, CA.

#### **MEDIA AND TELEVISION APPEARANCES:**

- June 28, 2017, Know Your Rights: Encouraging Undocumented Immigrants to Seek Health Care, <https://nursing.usc.edu/blog/undocumented-immigrants-health-care/>
- November 7, 2017, A Nurse Practitioner Brings Her Clinical Experience to Life for FNP Students, <https://dworakpeck.usc.edu/blog/nurse-practitioner-brings-her-clinical-experience-to-life-for-fnp-students>
- February 28, 2018. 5 Things You Didn't Know About Eating Disorders, and How to Seek Help. <https://news.usc.edu/137338/5-things-didnt-know-eating-disorders-seek-help/>
- July 24, 2018. Do you know the differences between hepatitis A, B, and C? <https://dworakpeck.usc.edu/news/do-you-know-the-differences-between-hepatitis-b-and-c>



November 26, 2021. Today's clinical aesthetics – science and strategy.

<https://modernhealing1.blogspot.com/2021/11/todays-clinical-aesthetics-science-and.html>

April, 2022. National CMV Foundation Volunteer Spotlight: Shelly Zappas.

<https://www.nationalcmv.org/resources/blog/april-2022/volunteer-spotlight-shelly-zappas>

**GRANTS:**

2018-2021	Co-investigator 10% effort	HRSA Grant: Program Title: Workforce Development of Integrated Behavioral Health Practitioners to Serve Medically Underserved and Rural Populations on the West Coast
2019-2022	Co-investigator 5% effort	HRSA Grant Program Name: Opioid Workforce Expansion Program (OWEP)
2021-present	Co-investigator 5% effort	HRSA Grant Program Name: Next Generation Partnership Project (NGPP)