

# Maria C. Hu, DSW, LCSW, MSW, PPSC

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## Education

University of Southern California Doctorate Degree in Social Work (DSW)	Dec 2019
University of Southern California Master's Degree in Social Work (MSW)	Jun 2006
California State University Los Angeles Bachelor of Arts, Psychology	May 2003

## Academic Position

University of Southern California: Suzanne Dworak-Peck, School of Social Work Clinical Associate Professor Adjunct	2012-Present
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## Professional Experience

Los Angeles Unified School District: School Mental Health Psychiatric Social Worker	2007-2016
<ul style="list-style-type: none"> <li>Facilitated individual, group and family psychotherapy to targeting students who are at risk due to social, behavioral and emotional problems utilizing trauma-informed evidence informed practices.</li> <li>Provided consultation for students, including risk assessments, gathering threat assessment team, create and implement safety plans and providing coordination of services.</li> <li>Provided intensive clinical case management services that consisted of safety plans.</li> <li>Experience working with identity issues, eating disorders, and substance use disorders.</li> <li>Utilize electronic health records for documentation purposes and complied with federal, states and Department of Mental Health regulations.</li> <li>Implemented evidence-based interventions for individual, groups and families to address clinical symptoms of depression, anxiety and trauma.</li> <li>Planned and participated in multi-disciplinary team to support the needs of our students and families.</li> <li>Participated and conducted Threat Assessments.</li> </ul>	
University of Southern California: LAC/USC County Hospital Project Assistant/Medical Social Worker	2005-2007
<ul style="list-style-type: none"> <li>Provided psychoeducation to patients on depression.</li> <li>Improved the health of patients diagnosed with depression by providing top-class mental health services.</li> <li>Worked collaboratively with department managers, nurses, and psychiatrists to ensure services provided were comprehensive.</li> <li>Partnered with community organizations to further enhance services for patients and screened patients using the PhQ-9.</li> <li>Proficiently conducted bio-psychosocial assessments, diagnoses, and developed treatment plans.</li> <li>Provided Problem Solving Therapy and Cognitive Behavioral Therapy in English and Spanish to patients.</li> </ul>	
California State University, Los Angeles College Counselor	2002-2003
<ul style="list-style-type: none"> <li>Spearheaded the delivery of academic counseling services to college students to motivate their continued success.</li> <li>Offered ongoing support services to college students.</li> </ul>	

### **Publications**

- **Hu, M.**, & Hydon, S. (2021). Mental Health and Wellness. Special Issue Announcement Professional Development: The International Journal of Continuing Social Work Education. Oxford Press. (in-progress of submission)
- Caliboso-Soto, S., **Hu, M.**, Hsiao, S., Cox, T. (2019). Building Institutional Capacity for Field Education During COVID 19 Implementing an Evidence Informed Response to the Public Health Crisis. Special Issue Announcement Professional Development: The International Journal of Continuing Social Work Education (submitted for publication)
- Perrigo, J. L., Waters-Roman, D., **Hu, M.**, Traube, D., Palinkas, L., Borja, J., and López, O. (2019). El Salvador and the United States through a Global Lens: A Literature Review of Alternative Care for Children and Youth. Whole Child International.
- O'Malley, M.D., Robinson, Y., Hydon, S., Caringi, J., & **Hu, M.** (2017). Organizational resilience: Reducing the impact of secondary trauma on front line human services staff. (ReCAST Issue Brief). Bethesda, MD: SAMHSA.
- Santiago, C. D., Kataoka, S. H., **Hu-Cordova, M.**, Alvarado-Goldberg, K., Maher, L. M., & Escudero, P. (2015). Preliminary evaluation of a family treatment component to augment a school-based intervention serving low-income families. Journal of Emotional and Behavioral Disorders, 23, 28–39. <https://doi.org/10.1177/1063426613503497> Page |5of7

### **Credential and Licenses**

- Licensed Clinical Social Worker #60705
- Pupil Personnel Services Credential in Social Work
- Certification of Completion in Mental Health Consultation
- Certified National Cognitive Behavioral Intervention for Trauma in Schools (CBITS) 2.0 (Evidence Based Practice)
- Behavioral Threat Assessment Trainer
- Psychological First Aid, Listen Protect Connect Intervention Trainer (Evidence Based Practice)
- Cognitive Behavioral Therapy Trainer (Evidence Based Practice)
- Motivational Interviewing Therapy Trainer (Evidence Based Practice)
- Problem Solving Therapy Trainer (Evidence Based Practice)
- Feedback Informed Treatment (Evidence Based Practice)
- Managing Adaptive Practices (MAP)