



Jen Parga  
MSW



### CONTACT

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 @SD\_SocialWorker

 /jennifer-parga

### INTERESTS

- Mental Health Stigma
- Work-life balance
- Healing Trauma
- Health Equity
- Data driven efforts
- Technology for Social Good
- Navigating Complex Systems
- Vulnerable Populations



## PROFILE

I am a dedicated remote social worker who is motivated to create and implement technological solutions to elevate access to behavioral health services. I am committed to learning, unlearning, and evolving with purpose to create a mutually beneficial outcome.

## EXPERIENCE

### **CLINICAL ASSOCIATE PROFESSOR, FIELD EDUCATION**

USC Suzanne Dworak-Peck School of Social Work

May 2012 - NOW

Started as Recruitment Coordinator, promoted to Senior Lecturer, then Clinical Assistant to current position.

- Teaching - Masters level courses, integrative theory and practice seminar, provided 15 week Motivational Interviewing, Problem Solving Therapy, and Feedback Informed Treatment Training utilizing simulated client.
- Scholarship - 21 Conference presentations, 13 publications 2018-2021 exploring online community, remote work experience, technology utilization, and online learning.
- Service - University Committee on Information Services, NASW-Unit Faculty Co-Chair, 589b, 699a, 699b Course Lead with faculty training and student oversight.

### **PROGRAM MANAGER**

SDSU Research Foundation, Consensus Organizing Center

June 2006 - June 2012

- Responsibility - College access program implementation and oversight at three Title 1 high schools and 9-12 community partners for ongoing service learning opportunities.
- Donor development - secured annual funding with regional and family funders.
- Contract Services - hired by organizations in San Diego, CA and Atlanta, GA hired to provide in person Consensus Organizing Training and strategies. iPad [Project](#).

## EDUCATION & TRAINING

### **SOCIAL WORK - BACHELORS DEGREE, MASTERS DEGREE**

San Diego State University, 2004, 2007

### **YOGA - POWER/VINYASA, TRAUMA SENSITIVE**

CorePower 2012, Exhale to Inhale 2018

## PROJECTS WITH IMPACT

[Mid-City Community Advocacy Network](#)

[Trauma Informed LA \(Advisor\)](#).

[USC Committee on Information Services \(Co-Chair\)](#).

[SD Partnership for Professional Social Workers \(Chair\)](#).