

DR. SHANÉA PATRICE THOMAS, LICSW

Home and Mailing Address

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National Provider Identifier (NPI) Number: 1659522522
Malpractice Insurance (Limits 1,000,000/5,000,000) through the
National Association of Social Workers (NASW)

Innovative and bold lecturer and clinician with 15+ years of social work and 10 years of teaching experience on the graduate level. Performed over 50 workshops, facilitations and trainings centering diversity, equity and inclusion, grief and loss, mental health issues, sex and gender, and LGBTQI+ populations. Centers marginalized voices when strategically planning with community organizations and healthcare institutions to shift power, privilege and organizational accountability.

EDUCATION

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|--|--------------------------|
| <p>Ed.D., Organizational Change and Leadership
University of Southern California, Rossier School of Education
Los Angeles, CA
Dissertation: <i>The Dedicated and the Committed: An Examination of Burnout within Peer Support for Transgender, Queer, and Non-Binary Volunteers</i> (Dissertation Defended)
Dissertation Advisors: Dr. Bryant Adibe, Dr. Diandra Bremond, and Dr. Kim Hirabayashi</p> | <p>May 2021</p> |
| <p>Advanced Graduate Certificate in Human Sexuality Studies
(Coursework Concentration: Education)
Widener University, Chester, PA</p> | <p>April 2018</p> |
| <p>M.Ed., Concentration: Human Sexuality Studies
Widener University, Chester, PA</p> | <p>May 2017</p> |
| <p>M.S.W., Direct Services, Concentration: Families and Children
Howard University, Washington, DC</p> | <p>May 2006</p> |
| <p>B.S., Psychology
Virginia Polytechnic Institute and State University, Blacksburg, VA</p> | <p>May 2004</p> |

TEACHING EXPERIENCE

Senior Lecturer, University of Southern California, 2011- present
Suzanne Dworak-Peck School of Social Work

Courses:

- SOWK 543 - Social Work Practice with Individuals I
- SOWK 545 - Social Work Practice with Groups, Families and Complex Cases
- SOWK 605 - Human Development and Mental Health
- SOWK 610 – Social Work Practice with Children and Families Across Settings
- SOWK 609 - Introduction to Social Work Practice with Children, Youth, and Families
- SOWK 630 - Diversity, Social Justice and Culturally Competent Social Work Practice
- SOWK 643 – Social Work Practice in Integrated Settings
- SOWK 696 - LGBT Psycho/Social/Political Issues

Guest Lecturer: “Trauma-Informed, Trans-Inclusive Care of All Bodies”
Columbia University School of Social Work

November 2019

Course:

- Health Care System

Guest Lecturer: “Grief, Loss and the Creative Use of Assessment and Treatment”
Lincoln University

March 2018

Course:

- Grief and Loss

ADDITIONAL TRAININGS

MISS Foundation: Compassionate Bereavement Care© Provider, Sedona, AZ **March 2021**
Certified Bereavement Provider through the Center of Loss and Trauma

PESI Sponsored: Dialectical Behavior Therapy (DBT), Columbia, M.D **June 2019**
4 Day Intensive Certificate Training

DC Center: Washington, D.C. **January 2011**
Trained HIV Oral Tester

Tai Sophia Institute: Laurel, M.D. **February 2009 – August 2009**
Chakra Energy Bodywork (Courses I-IV)

International Psychotherapy Institute (Metro), Washington D.C.

- Clinical Seminar (Object Relations Focus) **September 2007 – May 2008**
- Introduction to Psychotherapy Training Program (IPTP) **September 2006 – May 2007**
- Sexual Attitude Reassessment (SAR) Training **September 2006**
- Sex & Sexuality in Contemporary Psychotherapy Training **September 2006–May 2007**
- Clinical Seminar Program **September 2005 – May 2006**
- Couple, Child and Family Institute **July 2006**
 - “Loss, Grief and the Disruption of Intimacy in Couples and Families”
- Couple, Child and Family Institute **July 2005**
 - “Exploring Desire and Envy in Couples and Families”

International Psychotherapy Institute (Metro), Washington D.C.

- Clinical Seminar (Object Relations Focus) **September 2007 – May 2008**
- Introduction to Psychotherapy Training Program (IPTP) **September 2006 – May 2007**
- Sexual Attitude Reassessment (SAR) Training **September 2006**
- Sex & Sexuality in Contemporary Psychotherapy Training **September 2006–May 2007**
- Clinical Seminar Program **September 2005 – May 2006**
- Couple, Child and Family Institute **July 2006**
 - “Loss, Grief and the Disruption of Intimacy in Couples and Families”
- Couple, Child and Family Institute **July 2005**
 - “Exploring Desire and Envy in Couples and Families”

CURRENT PROFESSIONAL EXPERIENCE**University of Southern California Suzanne Dworak-Peck School of Social Work’s
Virtual Academic Center (VAC)**

Los Angeles, C.A.; Remote

November 2011 - present*Senior Lecturer; Lead Teacher: Course SOWK 610*

- Virtual experience in teaching eight courses for graduate-level students located nationally and internationally within the Suzanne Dworak-Peck School of Social Work’s VAC Master’s program
- Communicates with students through Zoom, an online program which allows virtual interaction between students and professors in order to convey lessons around the essential aspects of social work
- Awarded Lead Teacher responsibilities for course SOWK 610 starting Fall 2020 for the VAC, which include overseeing a team of 2-6 professors, updating course material online, assisting in problem solving and completing evaluations of the other professors around classroom and overall performance.
- With the assistance of 2U, the program’s technology developer, I have reconstructed the SOWK 609 from Spring to Summer 2019 with new and updated curriculum material, improved syllabus, and new video content in partnership with the on-ground instructor
- Current Active member of the *MSW Diversity Redesign Ad Hoc Committee*, with the main purpose of the committee is to identify how equity, diversity, and inclusion can enhance the school’s diversity course
- Active selected member of the *Equity, Diversity, and Inclusion (EDI) Committee*, a 12-member committee whose key charge is to ensure that the school is advancing in their efforts around diversity, equity and inclusion for the school as a whole.
- Active member of the *Children, Youth and Family (CYF) Department’s Curriculum Council*, which helps build, develop and implement curriculum across the department
- Former Lead Teacher for Course SOWK 609 from Fall 2017 to Summer 2020 for the VAC
- Former Active member of the Positive Climate Committee (April 2018), where the primary focus is discussing how topics such as sexual harassment, diversity and inclusion affect the school environment, and what plans can be created to actively combat current and future issues
- Former Admission Review Committee Member: Assessed graduate applications from potential applicants applying to USC’s School of Social Work for competence, commitment, and knowledge of social work ethics and values for online and on-campus admission

STABLE Families, Washington, D. C.**July 2015 – June 2016***Part-Time Individual and Family Therapist*

- Contracted through The Wendt Center for Loss and Healing, in partnership with Whitman Walker Health, as a part-time therapist to provide therapy to children and adults who have been affected with HIV and AIDS and create steady healthy environments for emotional and mental growth
- Used elements of play, art and talk therapy in order to build rapport and process experiences around HIV/AIDS diagnosis, disclosure of status to family and friends, depression, stress, etc.
- Maintained therapeutic and contact documentation of experiences through Apricot electronic system

Whitman-Walker Health, Washington, D. C.**July 2015 – June 2016***Youth Psychotherapist; Behavioral Health Department*

- Sponsored through the Office of Victim Services of Washington, D.C. as a psychotherapist to provide assessments, individual and group therapy, and other services to LGBTQI youth who are survivors of trauma and violent crimes in Washington, D.C. and surrounding areas
- Previously responsible for setting up appointments and making reminder calls for clients in order to help encourage full participation within the individual and group programming
- Created educational material pertaining to trauma-focused care within healthcare organizations for the center
- Represented the program within the community through panel, workshop, educational training, and presenting opportunities
- Maintained therapeutic, assessment and contact documentation of experiences through eCW electronic system

The Wendt Center for Loss and Healing, Washington, D.C.**June 2015 – June 2016***RECOVER Team member*

- Contracted through the Office of Chief Medical Examiners (OCME) to provide acute crisis management for clients who come to OCME in order to identify their loved one's deceased body through a photo ID process
- Assisted clients in paperwork pertaining to identification and counsels around their emotional process after viewing the photograph of their deceased loved one
- Provided written resources about funeral arrangements, cremation services, burial assistance and other services within the city

American Medical Students Association (AMSA) National Sexual Health Scholars Program, Online**August 2014 – March 2016***Facilitator Coordinator*

- Recruited 12-14 small group facilitators who are graduate students or affiliates of the Widener University Graduate Program in Human Sexuality, or other recognized sexual health educators in their field to facilitate small sexual health-based education groups with medical students
- Organized a one-time facilitator training workshop online to help introduce small group facilitators to the program as well as distribute lessons and information
- Maintained regular communication with the facilitators to help with small group logistics, obtaining feedback from the facilitators, and providing scholar feedback to facilitators

American Medical Students Association (AMSA) National Sexual Health Scholars Program, Online**October 2014 – March 2015***Co-Facilitator*

- Using curriculum provided, a co-facilitator and I conducted two-hour group sessions online approximately every two weeks in order to address the lack of knowledge and skills training of medical students around sexual health and sexuality concerns
- Completed course evaluations for medical students in order to monitor their progress within the program

- Rewarded role of *Facilitator Coordinator* for the year 2015-2016

API Associates Inc., Washington, D.C.

August 2011- January 2015

Contract Therapist; Diagnostician

- Provided in-home and community-based psychotherapy to either individuals or families in urban settings
- Developed therapeutic goals centered on the presenting problems of the clients
- Prepared progress notes and monthly reports to insurance companies and the organization to track client's success
- Evaluated and diagnosed children and adults for therapeutic services to ensure proper and accurate care; the DSM-IV and V are used to determine diagnosis of symptoms

Maryland Family Resources, Landover, M.D.

July 2011 – May 2014

Contract Therapist; Diagnostician

- Provided in-home and office-based therapy for clients who enroll for service through self-referral or through a core service agency
- Created a comprehensive treatment plan with clients in order to plan to work toward therapeutic treatment goals
- Completed progress notes, monthly notes and insurance paperwork in order to ensure proper documentation and accountability
- Evaluated and diagnosed children and adults for therapeutic services to ensure proper and accurate care; the DSM-IV and V are used to determine diagnosis of symptoms

Renaissance Adult Day Health Care Center, Washington, D.C.

November 2011 – April 2014

Social Worker

- Provided needs assessment for clients who ages 50 and above to help meet transportation, food, utility and other needs
- Connected clients to outside resources and services within the community, if needed
- Monitored and helped floor staff maintain proper behavior and safety protocol within the center

Supportive Solutions, Inc., Metropolitan area

August 2011 - December 2013

Crisis Support Consultant

- Provided crisis response to national level EAPs and corporations on an as needed basis, with issues ranging from reductions-in-force, employee death/suicide/accident, natural disasters or robberies
- Met with group of affected employees or management for group or individual sessions if needed on site
- Offered EAP materials to companies and makes employees aware of what their EAP benefits are if they need additional assistance

First Home Care, Washington, D.C.

January 2011 - June 2011

Community Based Intervention (CBI) Clinical Supervisor

- Scheduled staff, assigned duties, and provided weekly supervision to a team of seven CBI case workers
- Developed appropriate systems and procedures for safely intervening in crisis situations and providing services to clients referred to the program
- Provided coordination and backup to assure that 24 hour, on call crisis intervention services are available and delivered to clients
- Supervised the treatment planning process and implementation by the case worker

Unitarian Universalist Church of Rockville (UUCR), Rockville, M.D.**December 2010 - March 2012***Program Coordinator for the Rainbow Youth Alliance (RYA) LGBTQI Teen Support Group*

- Attended and provided leadership and plan programming for RYA meetings for LGBTQI teens and their allies ages 14-18 years old
- Helped with publicity in the community for public events, such as an annual benefit concert and Valentine's Day dance, through various websites and media
- Bridged communication and a partnership between the UUCR and RYA, such as volunteer recruitment and writing articles in the monthly UUCR newsletter

First Home Care, Washington, D.C.**July 2010 – January 2011***Flex Therapist*

- Provided in-home and off-site individual and family therapy to children ages 6-18 in the Washington, DC/Maryland area
- Collaborated with case and community support workers to implement wrap-around services for clients' personal, family and environmental health
- Prepared weekly goals and progress notes to properly monitor clients' success

The Wendt Center for Loss and Healing, Washington, D.C.**November 2008 – June 2010***Contract Therapist*

- Led a Children's Grief Group for ages 10-13 around issues of loss, healing, processing and appropriate coping skills through group dynamics, support and therapeutic art exercises
- Provided services and referrals for additional support for parents and families
- Volunteered as a "Red Shirt" member of the mental health team for the center's annual Forget-Me-Not/Camp Erin DC Grief Summer Camp for children ages 6-16

High Road Upper School, Washington, D.C.**August 2007 – January 2011***School Social Worker*

- Provided individual and group therapy to students labeled emotionally-disturbed and learning-disabled
- Applied school-wide behavior modification strategies and management techniques, such as point sheets and incentive programs
- Helped lead Individual Education Plan (IEP) meetings and prepared documents to insure students' academic success within the Special Education setting
- Supervised licensed graduate social workers and staff to insure execution of proper clinical techniques

Family Support Center, Bethesda, M.D.**August 2006 – June 2007***School Social Worker*

- Provided daily crisis intervention and support for middle school-aged children
- Presented various workshops and trainings about self-esteem, sexuality and bullying to schools in Montgomery County, MD
- Created monthly newsletter to inform alternative school community about events in specific programs

Northern Virginia Detention Home, Alexandria, V.A.**September 2005 – December 2005***Detention Specialist*

- Maintained and observed detainees to establish discipline control and detect potentially dangerous or deceptive acts

- Completed intakes and releases of detainees
- Evaluated behavioral information pertinent to the detainees' behavior

Orcutt Baptist Church School, Newport News, V.A.

Summers 2001 – 2004

Camp Counselor

- Supervised campers ranging in ages 3 - 12 years old
- Organized activities for outdoor playtime and created lesson plans for campers
- Communicated frequently with parents of campers regarding student progress and safety

WORKSHOPS, PRESENTATIONS, AND GUEST LECTURES

“We All Mess Up (and That’s Ok!): Addressing the Stumbling Blocks of LGBTQ+T Inclusivity in Practice”

Finding Freedom: Expanding Perspectives in LGBTQI+ Mental Health & Addiction Treatment (Online)

January 2021

Guest Speaker

For the organizations 6th Annual LGBTQI+ Conference, I discussed how prejudices, implicit bias, and miseducation can interfere with service providers' inability to create inclusive therapeutic environments for LGBTQI+ people, and how to atone for mistakes within practice.

“Beyond the 101: Nuances in Therapeutic Settings with LGBTQ+ Populations”

Unraveling the Acronym: Understanding LGBTQIA+2 Experiences and Subcultures (Online)

October 2020

Guest Speaker

Opening up the conference with 300+ people, this presentation centered the experiences of LGBTQIA+2 people within therapeutic settings, assisting service providers on how to avoid stigmatizing their clients and expanding their practice skills to become more queer-inclusive.

“Chronic Pain, Mental Health and Self-Care in the Time of COVID-19”

Endo Queer Summit (online)

September 2020

Guest Speaker

I was invited by Les Henderson to speak at an online summit centered on those who identify as Black and Queer with endometriosis, about how to care for oneself during the time of COVID-19 if you are a person with chronic illness.

“Your Presence as a Change Agent: Creating Safer Learning Spaces Online in Higher Education”

Scholars of Color Conference

Temple University

April 2019

Philadelphia, P.A.

Guest Speaker

Addressed an audience of students around the experiences of being an online professor as a Queer Black, femme-presenting person within an international program

University of Southern California (USC)'s Diversity, Equity, and Inclusion (DEI) Week: ‘Rainbow’ is the New Black: A 101 Inclusive Guide to the ABCs of Gender and Sexuality for all Bodies

University of Southern California (Online)

January 2019

Guest Speaker

This workshop highlighted the increasing presence and visibility of LGBTQI folks in society as well as provided a safe space for a challenging and enlightening discussion which addresses the intersections of gender, sex and sexual orientation

University of Southern California (USC)'s Adult Mental Health and Wellness - Diversity, Equity and Inclusion (AMHW-DEI) Committee Presents: "Honoring Our Stories"

USC Virtual Academic Center (VAC) – Online

May 2018

Guest Speaker

Invited by the members of the AMHW-DEI Committee to join their panel of three to speak about my experience of "difference" as a person and professor who hold marginalized identities in the field of education and social work

"Trauma Informed Care with Queer, Trans and Gender Expansive Folks"

February 2017

Us Helping Us People Into Living, Inc.

Washington, D.C.

Workshop Facilitator

For the organization's quarterly institute, I was invited to train about 15 community support workers and care managers around trauma focused care within their work out in the field around HIV and LGBTQ care.

**Facilitation: HBCU Leadership Summit
Human Rights Campaign (HRC)**

November 2016

Washington, D.C.

Youth Facilitator

This session, "Lead Me, Guide Me" was used to open a space to speak with the young HBCU student leaders around sexual health and relationships. This gave an opportunity to build a community around self-care and mental health as well.

"I Want to Be a Unicorn! The Hustler's Guide to Creating the Career You Want"

Widener University

Chester, P.A.

April 2016

Guest Speaker

I was asked by members of the sponsoring organization HSEDSO (Human Sexuality Education Student Organization) to present at their annual Professional Development Day on what is needed to create one's own career within the field of Social Work and Human Sexuality.

"It's Not About You": The Service Provider's Responsibility Within Privilege and Boundaries & the Use of Self-Care

Pedagogy of Privilege Conference at University of Denver School of Social Work

Denver, C.O.

August 2013

Invited Guest Presenter

This interactive workshop provides a safe space to think and discuss topics such as what are boundaries, who creates them, the dynamic of the power differential and consent, and the importance of self-care of the service provider in practice, especially focusing on service providers' relationship and awareness of privilege and oppression

"It's Not About You": The Service Provider's Responsibility of Boundaries & the Use of Self-Care in Work with Queer Youth

Connecting Rainbows Youth Initiative Sponsored by the Child and Family Services Agency in Washington D.C.

Washington, D.C.

June 2013

Conference Presenter

This workshop provides a safe space to discuss topics such as what are boundaries, the dynamic of the power differential and consent, and the importance of self-care of the provider in practice

“The Power is Already Within Us: The Brown Community within Rape and Sexual Violence Culture”

Brown Girls Collective sponsored by Gallaudet University

Washington, D.C.

February 2013

Conference Co-Presenter

To an audience largely of women who are of Black or Latino decent who were deaf or hard of hearing, this presentation offered information on the effects of rape culture, sexual violence and societal influence on the perception of self and the use of intuition in safety and self-care

“The Power of No/The 5 Respects of Self-Care”

Round Edges

Washington, D.C.

March 2012

Group Facilitator

The power of no/The 5 Respects for Self-Care" for the youth (ages 14-19) at Metro TeenAIDS, discussed the importance of “No” and placing healthy boundaries for oneself with other people around the five areas of respects for self-care (spiritual, physical, mental, emotional, and the Earth’s space)

“LGBTQ Person of Color Community Special Concerns” - Supporting LGBTQ Youth: Community Needs and Resources

Cedar Lane Unitarian Universalist Congregation

Bethesda, M.D.

May 2011

Guest Presenter/Group Facilitator

With two other co-presenters from different ethnic backgrounds, I led a group discussion on what were the special concerns for the LBGTQ community in general and what defines “people of color”

“Living Life, Living Healthy”

Workshop for Women sponsored by Verbal Elations

Warrenton, N.C.

May 2010

Guest Presenter

Presented on the “5 Respects for Self-Care”, which includes The Power of No, guilt amongst women in society, and healthy ways to care for women's mental health

“Boundaries: It’s Not About You”

High Road Upper School

Washington, D.C.

August 2008, August 2009

Group Facilitator/Staff Trainer

Presented information and led group discussion with administration and staff about maintaining proper boundaries with the students in the Special Education population and promotion of self-care

“What’s Love Got to Do With It?”: Boundaries and Intimate Relationships

Virginia State University

Petersburg, V.A .

October 2007

Guest Presenter

Presented information about proper boundaries, self-care and intimate relationships to a group of freshman and sophomore college students

REQUESTED TRAININGS AND FACILITATIONS

Race + Equity + Wellbeing Series University of Southern California

March 2021- May 2021

Co-Facilitator

This series of webinars and facilitated group discussions sponsored by USC's Employee Engagement and Communications Department allows for learning and processing in smaller groups around race, equity and well-being for employees across schools and departments.

“We All Mess Up (and That’s Ok!): Addressing the Stumbling Blocks of LGBTQ+T Inclusivity in Practice”

Wendt Center for Loss and Healing (Online)

March 2021

Trainer

I discussed how prejudices, implicit bias, and miseducation can interfere with service providers' inability to create inclusive therapeutic environments for LGBTQI+ people, and how to atone for mistakes within practice.

“Using Correct Pronouns in Healthcare Settings”

North Carolina A&T State University (Online)

March 2021

Guest Lecturer

For the NCAT Pathway 2 Human Lactation Training Program, I lead a session with future birth practitioners around inclusive practice with clients around gender and identity.

“Intersectionality: The Sum of Our Parts”

**Seneca Family of Agencies
(Online)**

February 2021

Trainer

This workshop was geared toward educating a social service agency and their providers on the importance of an intersectionality framework with individual and family therapeutic care.

“You’re Gonna Get It Wrong (and That’s Okay) - A Gender Inclusive Training for All Bodies”

University of Rhode Island

August 2020

Co-Trainer with Dr. Van Bailey

With my co-facilitator, we assisted the counseling center in processing difficult conversations with students in order to improve their quality of service around diversity and equity within the department.

“You’re Going to Get It Wrong (And That’s Ok): Gender Inclusive Training for All Bodies”

Southern Connecticut State University

January 2020

Co-Trainer

As a co-facilitator, this training was geared toward staff within the Student Affairs Department to help increase knowledge about the needs of transgender and nonbinary students

“Creating an Inclusive Environment for All Employees”

Eat Restaurant Partners

September 2019

Richmond, V.A.

Trainer

The restaurant group sought to improve the treatment of their Trans and Queer employees through training about Virginia employment laws, information about sex, gender and gender identity, and ways the restaurants can overall improve visibility and treatment for all people.

“Trauma-Informed, Trans-Inclusive Care for All Bodies”**Jewish Coalition Against Domestic Abuse (JCADA)****September 2019**

Bethesda, M.D.

Trainer

I was invited by the organization to give inclusive, Queer and trauma-informed education and training to apply to their work with domestic and intimate partner violence victims and survivors.

Training and Strategic Planning Session:**Trauma-Informed, Trans-Inclusive Healthcare for all Bodies****July 2019****Princeton University**

Princeton, N.J.

Co-Trainer

Trained the University Health Center’s team on trauma-informed and trans-competent care, in partnership with a strategic planner on creating long-term goals for lasting change.

“Member Network Gathering”**National Queer & Trans Therapists of Color Network (NQTTCN) + Allied Media Conference**

Detroit, Michigan

June 2018*Co-Trainer*

This was the first gathering of queer and trans therapists, healers, and practitioners of color who are members of the NQTTCN network, nationally and internationally. This gathering at the Allied Media Conference was used to build community and gather resources amongst each other to add to their skillset. As an Advisory Committee member, I was asked to help lead a session on mapping strategies for the practitioners to take back to their respected areas of practice, as well as exchange contact information with other participants.

Grief and Loss Consultation for “In Lieu of Flowers” Production**Washington Improv Theater**

Washington, D.C.

March 2018*Trainer/Consultant*

For the May 2018 theater production of “In Lieu of Flowers”, an improvised show about final wishes, death and funerals, the cast asked for guidance around how people express grief, loss and mourning in real time. I spoke about my experience when working at the DC Office of Chief Medical Examiners and within therapeutic treatment with clients as well.

“What are Your Pronouns Again? – Making Classrooms Sex and Gender Inclusive for all”**District of Columbia Public Schools (DCPS)**

Washington, D.C.

December 2017*Trainer*

Specifically designed for DCPS school psychologists, social workers and teachers (kindergarten through high school level), this training was to address techniques teachers can use in order to discuss issues around gender identity and sexual orientation within their classroom settings

Facilitated Discussion about Black Health Project with Medical Providers**Whitman-Walker Health**

Washington, D.C.

November 2017*Co-Trainer*

The Black Health Project was designed to help give feedback to Whitman-Walker Health about treatment and care with their Black patients within the healthcare setting. This included interviews, individual and group, to get a better narrative of current care, as well as how to improve the future care of clients. As co-facilitator, I helped guide medical professionals in a discussion about the narratives they were taking in,

processing their own feelings, and coming up with viable solutions (short and long term) that can improve the overall quality of the system as a whole.

“Their Questions, Our Discomfort: Conversations with Clients and Ethical Considerations”

Clinical Social Work Services, LLC

Hyattsville, M.D.

June 2015, July 2015, July 2017

Trainer

This training discussed what are behind the awkward questions and uncomfortable feelings, that both service providers and their clients experience within a therapeutic space, helping service providers find ways to navigate their discomfort in difficult conversations and also explore ways their personal experiences affect what we think is, and is not, ethical.

“Bois will be Bois: Deconstructing Masculine Roles for Feminine Bodies”

Masculine of Center (MOC) Conference

July 2017

Washington, D.C.

Trainer

This workshop will give space to people who identify as women or femme bodied, but still interested in the intersections of masculinity and their experiences in the world through the lens of sex, relationships and self-care.

“Unconscious Bias” Workshop and Staff Training

February 2017

Year-Up NCR

Crystal City, V.A.

Trainer

This trauma-focused training was given to a group of 45 who work with youth to help expand their educational skills and opportunities after high school. This workshop around unconscious bias was to help the staff be more aware of their own person experiences and how they affect their work.

“Rainbow is the New Black: A Mental Health Professional's Guide to Working with LGBTQI Folks”

National Association of Social Workers (NASW) – Virginia Annual Conference

Williamsburg, VA

March 2015

Trainer

This interactive training provided a safe space for a challenging and enlightening discussion addressing the disparities within the mental health field when working within the intersections of gender, sex and sexual orientation, also using media to enrich our conversation and understanding around the needs of the LGBTQI community.

***NASW-Virginia Approved Course and Instructor**

“The Human Sexuality Class You Never Had (But Wish You Did!)”

Clinical Social Work Services, LLC

Hyattsville, M.D.

January 2015, June 2015, July 2015

Trainer

This training was open for parents, caregivers or professionals to help give tools to be able to thoughtfully have comprehensive conversations about sex and sexuality. Videos, written activities and group discussions aided in the productivity of this conversation.

“Rainbow is the New Black: A Mental Health Professional's Guide to Working with LGBTQI Folks”

1 Live 1 Love, Inc. – Staff Training

Newport News, V.A.

December 2014

Trainer

This interactive training provided a safe space for a challenging and enlightening discussion addressing the disparities within the mental health field when working within the intersections of gender, sex and sexual orientation, also using media to enrich our conversation and understanding around the needs of the LGBTQI community.

“It’s Not About You: Privilege, Boundaries and Self-Care”

National Association of Social Workers (NASW) - Virginia Annual Conference Williamsburg, V.A.

March 2014

Trainer

This interactive workshop provides a safe space to think and discuss topics such as what are boundaries, who creates them, the dynamic of the power differential and consent, and the importance of self-care of the service provider in practice, especially focusing on service providers’ relationship and awareness of privilege and oppression

***NASW-Virginia Approved Course and Instructor**

“Speaking Out and Loud: Working with Queer (LGBTQI) Black and Brown Women”

Clinical Social Work Services, LLC

Hyattsville, M.D.

October 2013, June 2015, July 2015

Trainer

This training will provide and support a safe space for a challenging and enlightening discussion addressing the disparities within the mental health field when working within the intersections of race, gender, sex and sexual orientation, also using media to enrich this discussion

Workshop: “It’s Not About You”: The Service Provider’s Responsibility Within Privilege and Boundaries & the Use of Self-Care

Pedagogy of Privilege Conference at University of Denver School of Social Work

Denver, C.O.

August 2013

Invited Guest Presenterr

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Connecting Rainbows Youth Initiative Sponsored by the Child and Family Services Agency in Washington D.C.

Washington, D.C.

June 2013

Conference Presenter

This workshop provides a safe space to discuss topics such as what are boundaries, the dynamic of the power differential and consent, and the importance of self-care of the provider in practice

Workshop: “The Power is Already Within Us: The Brown Community within Rape and Sexual Violence Culture”

Brown Girls Collective sponsored by Gallaudet University

Washington, D.C.

February 2013

Conference Co-Presenter

To an audience largely of women who are of Black or Latino decent who were deaf or hard of hearing, this presentation offered information on the effects of rape culture, sexual violence and societal influence on the perception of self and the use of intuition in safety and self-care

Workshop: “Boundaries: It’s Not About You”

Visions of Feminism 2012 Conference: Reclaiming Our Bodies: Confronting Oppression & Celebrating Ourselves (sponsored by Visions in Feminism Collective and The Women’s Gender & Sexuality Studies Program at American University)

Washington, D.C.

March 2012

Conference Presenter

Presented to students, community leaders and service providers about how to place safe and healthy boundaries when serving various populations within social service organizations

Intimate Human Behavior Course

University of Maryland School of Medicine

Baltimore, M.D.

January 2007

Group Facilitator

Co-led process groups for 1st year medical students and physical therapy students led by S. Michael Plaut, Ph.D. (Course Director) which gave an opportunity to examine personal attitudes, feelings and beliefs about intimacy and human sexuality through listening to presentations, readings and viewing audiovisual materials on various topics

INVITED ENGAGEMENTS AND PANELS

“Trans + GNC Intimacy Discussion”

University of Virginia

April 2021

Guest Panelist

In partnership with the Queer Student Union @ UVA, along with two other panelists, we were able to reflect on how sex, sexuality and gender affect abilities for intimacy amongst LGBTQ+ people.

“Mental Health in Queer & Trans BIPOC Communities”

Human Rights Campaign (HRC)

July 2020

Guest Panelist

To honor BIPOC (Black, Indigenous and People of Color) Mental Health Awareness Month, I was invited on a panel with other mental health professionals to talk about the importance of mental health care for marginalized communities, especially during the COVID-19 pandemic and amongst the Racial Uprisings in the country.

“Healing Isn’t Linear”

DC Black Pride Presents “Black in Space” (Online Black Pride Celebration)

May 2020

Guest Panelist

Due to DC Black Pride being canceled due to the COVID-19 outbreak, I was joined by Ignacio Rivera for an online forum of over 100 people to speak about what healing looks like during the time of COVID-19, and how to receive affirming therapeutic treatment within the city

“Create A Gender Affirming and Inclusive Praxis”

Columbia University School of Social Work

March 2020

Guest Panelist

This online forum which was open to over 100 students, faculty, and other interested community members featured four Trans, Queer and Non-Binary Black and People of Color to speak about their experiences as people who are of queer experience in the world.

**“Raising ‘They-bys’: Discussions on Family Creation & Black Queer Conscious Parenting”
American Association for Sex Educators, Counselors and Therapists (AASECT) 2019 Annual
Conference**

Philadelphia, P.A.

June 2019

Guest Panelist

Along with two other panelists, I discussed my experience around parenting as a Black Queer person, and giving resources about discrimination and queerness in family life to participants

“Caregiver Support Group”

Safe Shores DC

Washington, D.C.

April 2019

Guest Panelist

Invited as a mental health expert, along with other panelists, to speak to caretakers of children who had been sexually abused about care, sexual health and education for families

A-ha Moment (Achieving Hope and Awareness) presents film screening of “Rashômon”

AFI Silver Theatre and Culture

Washington, D.C.

April 2019

Guest Panelist

In honor of Sexual Assault Awareness Month, I was asked as a mental health expert along with other panelists, to reflect on the message of the movie surrounding the themes of memory, trauma and sexism

“Social Action Day: Class of 2019 Youth Leadership Program”

Leadership Greater Washington

Washington, D.C.

March 2019

Guest Panelist

Delivered presentation to high school leaders about the importance in caring for one’s mental health, as well as how to create supports within their high school community at their Youth Leadership Greater Washington program

“Celebrating Gender Diversity”

University of Southern California (Online)

March 2019

Guest Panelist

Invited as a panelist along with other experts to speak about our experiences around doing gender diversity work within our respected communities

Talkback: “Equality Forum presents film screening of ‘Room to Grow’”

Human Rights Campaign (HRC)

Washington, D.C.

March 2019

Talkback Co-Moderator

Co-facilitated Talkback with film director to speak about his experience filming and telling the stories of LGBTQ youth

Women Empowerment Panel: “From the Cubicle to the Corner Office: Women in Leadership”

Year Up

Crystal City, VA

April 2018

Guest Panelist

I was joined by three other panelists of color who were experts in the field of teaching, social service, and life coaching as a part of the Year Up program’s psychotherapy group for women to discuss the barriers women face when trying to be successful in the workplace.

“Let’s Talk about Sex: The Impact of Sexual Violence on the Sex Lives of Survivors”**University of Maryland**

College Park, MD

March 2018*Guest Panelist*

The panel discussion included survivors of sexual violence, community advocates and mental health clinicians, which focused on the effects of sexual violence on victims/survivors, aspects of healing and treatment, taking care of one’s sexual health, as well as sharing community resources

Careers in Sexuality Conference: Shh! Sexual Taboos: Exposing The Unspoken**Widener University**

Chester, P.A.

September 2016*Guest Panelist*

With the field of sexuality studies being scarce of Black and Queer scholars, how important is the visibility of people of color? I was on a panel of three other Black scholars from various backgrounds to talk about our experiences in the field called “The Black Experience, Too”.

Rainbow Youth Alliance (RYA) 10th Anniversary Celebration**Unitarian Universalist Congregation of Rockville**

Rockville, M.D.

April 2016*Selected Guest Speaker*

As a past Program Coordinator, I was asked to lead the annual anniversary celebration in a moment of silence to remember the support group members we have lost to suicide over the past 10 years. The anniversary is a chance for the organization to raise money for the support group for LGBTQ youth and young adults.

Libido Talk Presents: “SEX Rules- Are Rules Made to be Broken?”**February 2016****Serendipity Jazz Coffeehouse**

Washington, D. C.

Guest Panelist

A monthly talk sponsored by the Serendipity Jazz Coffeehouse, and hosted by writer and performer Frenchie Davis, I was asked to speak with two other panel members around gender roles and in what ways do these rules dictate our personal and intimate relationships with others, and ourselves.

“The Secret's 'Out': Queer Professional Allyship, Affirmation of Presence, and the Question of Self-Disclosure”**The Association of Black Sexologists and Clinicians**

Philadelphia, P.A.

October 2015*Guest Panelist*

As the panel facilitator, along with four other Black, queer, out therapists and service providers, we will discuss in front of an audience about race, sexuality and the use of self-disclosure. This presentation will also explore, not only in the context of sexual orientation (being queer and/or being an ally to the community), but also considering other alternative sexual identities such as kink, or identifying as polyamorous.

“Rainbow is the New Black: Health and Mental Health of LGBTQI People”**University of Southern California (VAC) (Online)****July 2015***Co-Guest Speaker*

In partnership with the Field Building Director from the Brown Boi Project, I was a guest speaker for two sections the Virtual Academic Center’s SOWK 696 class, LGBT Psycho/Social/Political Issues course. Here, we emphasized health and mental health disparities amongst Brown and Black women of color (of

various gender identities), as well as intersectionality and how it affects the quality of the work given to these communities.

**International Transgender Day of Remembrance
New Creation Baptist Church**

Wheaton, M.D.

Guest Speaker

November 2011

Spoke on behalf of the Rockville LGBT Teen and Young Adult group, Rainbow Youth Alliance, about the need for safe spaces for trans teens; was also given a large donation from the church to go toward safe teen and young adult activities and education

MEDIA FEATURES

NBC 4 Los Angeles “Meghan Markle Discusses Mental Health”

Live Television Interview

March 2021

Guest Mental Health Expert

Representing University of Southern California’s Suzanne Dworak-Peck’s School of Social Work, I was asked about suicide awareness and prevention post-Oprah Winfrey’s publicized interview with Meghan Markle.

Instagram Live: “Mental Health Over the Holidays”

Whitman-Walker Health (Instagram)

December 2020

Featured Guest

On the site’s Instagram page, I was invited, with a co-facilitator, to speak about how people can care for themselves over the holidays during the COVID-19 pandemic.

Instagram Live: “Caring for Ourselves: Winter is Coming”

Whitman-Walker Health (Instagram)

November 2020

Featured Guest

On the site’s Instagram page, I was invited, with a co-facilitator, to speak about caring for oneself after the 2020 Presidential Election, through recognizing symptoms of distress and anxiety, as well as self-care techniques to be mindful of during the COVID-19 pandemic.

Tagg Nation

Episode 94 – The Gag: Exploring Mental Health in the LGBTQ Community

May 2018

Guest Podcast Interview

I was invited by Tagg Nation, which is a division of Tagg Magazine (a media resource geared toward gay, lesbian and queer folks) to speak during Mental Health Month about therapy and self-care and how to access mental health resources for those a part of the population.

<http://www.taggnation.com/episode-94-mental-health-shanea-thomas/>

National Association of Social Workers (NASW) Vol. 62, No 4

April 2017

“Members showcase social work at its best”

Newsletter Feature

NASW covered the Slate: Working podcast within their monthly newsletter to highlight social workers being visible within the media and being recognized for our work.

http://www.socialworkers.org/pubs/news/2017/4/from_the_president.asp

Slate: “Working” – The “How Does a Psychotherapist Work” Edition February 2017*Podcast Feature*

Through the column, “Working” which features various jobs and descriptions of different people, I was given an opportunity to speak about my work with LGBTQ youth, social work as a profession, and how client and clinicians are taking care of themselves during the Trump administration.

http://www.slate.com/articles/podcasts/working/2017/02/working_how_does_psychotherapist_shane_a_thomas_work.html

USC Annenberg TV News*Featured Expert Contributor***Ongoing**

Frequently used as an “expert” resource for newspaper articles in LGBTQI issues that affect people nationally and internationally.

“Minorities face a unique fight with mental health”**by Sonali Seth for the Daily Trojan****November 2015**

Interviewed for additional perspective around people of color and their experiences around mental health.

<http://dailytrojan.com/2015/11/17/minorities-face-a-unique-fight-with-mental-health/>

“Jewel's Catch One Disco's Demise Marks Era's End for L.A.'s Gay Blacks**By Tre'vell Anderson for the L.A. Times****March 2015**

Interviewed for additional perspective around the growing loss of black gay nightclub spaces across the country.

<http://www.latimes.com/entertainment/great-reads/la-et-c1-black-gay-clubs-20150316-story.html#page=1>

“2013: A (rainbow) milestone year in LGBT history”**By Beau Yarbrough for The Sun****December 2013**

Interview about the year’s changing climate for LGBT rights for a larger collection of newstories for a national online publication

<http://www.sbsun.com/social-affairs/20131227/2013-a-rainbow-milestone-year-in-lgbt-history>

BOOK PUBLICATIONS

Thomas, S. P. (2021). Attachment Theory of Love. In Armstrong, H. L. (Ed.). *Encyclopedia of Sex and Sexuality: Understanding biology, psychology, and culture*. Santa Barbara, CA: ABC-CILO Greenwood.

Thomas, S. P. (2021). Coming Out. In Armstrong, H. L. (Ed.). *Encyclopedia of Sex and Sexuality: Understanding biology, psychology, and culture*. Santa Barbara, CA: ABC-CILO Greenwood.

Thomas, S.P (2021) Gender Roles, Socialization and. In Armstrong, H. L. (Ed.). *Encyclopedia of Sex and Sexuality: Understanding biology, psychology, and culture*. Santa Barbara, CA: ABC-CILO Greenwood.

Thomas, S.P. (2021). Polyamory. In Armstrong, H. L. (Ed.). *Encyclopedia of Sex and Sexuality: Understanding biology, psychology, and culture*. Santa Barbara, CA: ABC-CILO Greenwood.

Thomas S.P (2021). Social Learning Theory, Gender and. In Armstrong, H. L. (Ed.). *Encyclopedia of Sex and Sexuality: Understanding biology, psychology, and culture*. Santa Barbara, CA: ABC-CILO Greenwood.

Thomas, S. P. (2019). Being Who You Are Makes You a Change Agent: Making Inclusive Space Online for Growth During Hard Times. In R. Paul Maiden (ed.), *The Transformation of Social Work Education through Virtual Learning Cambridge Scholars Publishing* (pp. 191-204). United Kingdom: Cambridge Scholars Publisher.

MEDIA PUBLICATIONS

Posture Magazine: The Boss Issue, No. 3/16

January 2017

Feature Writer

Penned feature article, “The Guide on How to Love the Movement and Still be Seen as Human” about the life and experiences of Black, Trans activist, Elle Hearn. This article gives spotlight not only to revolutionary work that Elle has committed herself to, but also a vulnerable look around aspects of love, life and existence for Black trans women.

<http://posturemag.com/online/the-guide-on-how-to-love-the-movement-and-still-be-seen-as-human/>

The Association of Black Sexologists and Clinicians

January 2015 – December 2016

Thought Leader Contributor

Scholars and clinicians share their thoughts, opinions, and scholarship about the continuum and fluidity of Black Sexuality and Relationships. This gives people the ability to not only increase visibility in their work, but also give the opportunity to speak towards historic and contemporary issues that affect persons of African descent.

OddFlower

August 2014

An anthology writing project by a collective of self-proclaimed “quirky black girls” about their personal experiences about who they are and their perspective of the world.

http://issuu.com/theoddflores/docs/oddfloresissue1_rv_pgs/1?e=1

“Every Aspect of Our Health Deserves Attention: Physical, sexual, and mental health within the queer community”

January 2014

Tagg Magazine

Featured Columnist

This article was featured during Tagg Magazine’s health issue to focus on LGBT sexual, physical and mental health, with a special focus on women of color.

<http://taggmagazine.com/lgbt-physical-sexual-mental-health/>

“Lessons From My First Transgender Day of Remembrance

November 2013

Huffington Post: The Blog

Featured Columnist

A reflective essay speaking about my first Trans* Remembrance Day ceremony and all of our roles and responsibilities in the protection and safety of transpeople.

http://www.huffingtonpost.com/shanea-thomas/transgender-day-of-remembrance_b_4304964.html

Bauce (Formerly The Liberette), Online

September - November 2011

Contributor

Contributed articles to website geared toward the concerns, thoughts and feelings of Black women in society

Brotherhood TV, Online **2011**
Contributing Columnist
 Volunteer columnist and giving the “female perspective” on letters sent into the staff and webshow BrotherhoodTV.com, a website aimed at Queer men of color (particularly in the Black and Latino community)

Bluecentric.com **May 2010**
Contributing Writer
 “Screeching High Notes” – an article featured on the premiere entertainment and art website Bluecentric.com about the recent Washington, D.C tragedy about the killing of a beloved middle school principal and the focus on sexuality

ASSOCIATION MEMBERSHIPS AND LICENSES

Current:

USC’s Organizational Change and Leadership (OCL) Ad-Hoc Student Committee Graduate Student Member (Elected by Student Body)	2020-2021
American Educational Research Association (AERA) (Graduate Student Member)	2019 -
Licensed Clinical Social Worker – Maryland	2010 -
*Approved Supervisor	2014 -
Licensed Clinical Social Worker – Washington D.C.	2009-
National Association of Social Workers (NASW)	2005 -

Past:

American Association of Sex Educators, Counselors, and Therapists (AASECT)	2005 - 2008
	2014 – 2017
	2019 - 2020
National Queer & Trans Therapists of Color Network (Advisory Board Member)	2016 - 2020
Licensed Clinical Social Worker – Virginia	2014 - 2017
Greater Washington Society of Clinical Social Workers	2010 – 2011
International Psychotherapy Institute (IPI)	2005 - 2007
School Social Workers in Maryland and D.C. (SSWIM & DC) Member	2006 - 2007
Parliamentarian, School of Social Work’s (HU) Student Government Association	2005 - 2006

HONORS AND AWARDS

Jane Addams Teaching Award Runner-Up (USC SSW VAC)	May 2016
Staff Member of the Month – High Road Upper School	February 2009
Phi Alpha (Social Work Honor Society)	Spring 2006
Phi Sigma Theta National Honor Society	Spring 2004
Alpha Circle of Omicron Delta Kappa National Honor Society	Fall 2003
Society of African American Scholars	Spring 2002
Athletic Department Strength and Conditioning Award	Spring 2002, 2004
Dean’s List College of Science	Spring 2003, 2004
	Fall 2003
Athletic Director’s Honor Roll	Fall 2000-2002

Athletic Scholarship for Track and Field

Spring 2002-2004
April 2000

PAST RELEVANT INTERNSHIP AND RESEARCH EXPERIENCE

Episcopal Center for Children, Washington, D.C.

September 2005 – July 2006

Graduate Internship

- Engaged in individual therapy with dually-diagnosed elementary-aged children (for example Attention Deficit Disorder, Oppositional Defiance Disorder, Depression, etc.)
- Performed family and individual therapy sessions with parents and guardians of students
- Prepared progress notes, assessments, and IEPs for students

CHOICE Academy/DC Public Schools, Washington, D.C.

September 2004 – June 2005

Graduate Internship

- Prepared process recordings and counselor notes for psychosocial and educational assessments
- Performed initial intake interviews with incoming clients and their families
- Facilitated group and individual counseling sessions for middle school students (ages 11-17) who were suspended from their home schools for 45 days or more
- Co-led grief and counseling group for select students

Center for Applied Behavior Systems (CABS), Blacksburg, V.A.

2003 - 2004

Undergraduate Research Group

- This research group was formed by the Psychology Department at Virginia Tech and directed by E. Scott Geller, Ph.D., in order to increase awareness around issues such as driving and personality (the FLASH Project), social influence and alcohol intake.
- Attended weekly general meetings for project updates and lectures, gaining data entry and verification experience.
- Received training in Driving Simulator video coding and operating breathalyzers for specialized research within the field
- FLASH training - Sponsored by the National Board of Health and the Town of Christiansburg (VA), the FLASH training sessions were used to promote safe driving behavior and better communication on the road using a light to signal to other drivers; Learned how to gain informed consent and collect data from participants within the project.
- Alcohol Research Project - Researchers visited various functions such as fraternity parties, the downtown district of Blacksburg, and football tailgates in order to collect Blood Alcohol Content (BAC). We compared different variables such as location, sex, time, holiday and anxiety in order to see how they affected BAC measures after administering surveys and acquiring informed consent from participants.

UNDERGRADUATE PAPER PRESENTATIONS

Unanticipated difficulties encountered in implementing a community-wide intervention to increase positive driving behaviors.

Rayne, S.R., Thomas, S.P., Raymond, E.G., Hirota, T., & Geller, E.S. (2004)

-Paper presented to the Association for Behavior Analysis, Boston, Massachusetts.

Celebratory Drinking by University Students on St. Patrick's "Alcohol holiday".

Taliaferro, M.C., Savage, L.A., Thomas, S.P., & Glindemann, K.E. (April 2003)

-Paper presented at the semi-annual meeting of the Virginia Psychological

Association, Tyson's Corner, Virginia.

A Behavioral Approach for Investigating Alcohol Consumption at College Football Tailgate Parties.
Raymond, E.G., Clarke, S.W., Robichaux, C.B., & Thomas, S.P. (2003)
-Paper presented at the semi-annual meeting of the Virginia Psychological
Association, Tyson's Corner, Virginia.

Intervening to Reduce Intoxication: Initial Results of a Group Randomized Trial Study.
Keene, W.R., B.A., Williamson, K.A., Thomas, S.P., E.H. Froome, & Taliaferro, M.C. (2003)

SPECIAL INTERESTS AND FEATURED EVENTS

The Vagina Monologues, Washington, D.C. **February 2014**

Actress

Produced by Bluecentric Productions; co-acted with a cast of all queer women of color to bring to life the famous V-Day play at Busboys and Poets.

Visions of Feminism, Washington, D.C. **2010-2011**

Collective Member

Visions in Feminism is a Washington, DC-based collective of people brought together by the common goals of social justice, feminism, and solidarity. Aside from the various fundraisers, concerts and speaking events, the collective holds an annual conference surrounding a different theme at American University. An Art Night is also held as a fundraiser to support a local organization, H.I.P.S, a comprehensive program providing a variety of services, education and advocacy to sex workers and the community.

The Vagina Monologues, Washington, D.C. **February 2010**

Actress

Co-acted with a cast of all queer women of color to bring to life the famous V-Day play, which helped raise money for a local women's shelter

"Artsy Fartsy: Rock and Soul", Washington, D.C. **July, September 2010**

Featured Artist

Along with various visual artists, music performers, and spoken word artists, my art was featured and sold at these public events