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***Practicum Reflective Learning Tool for Groups***

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| 1. **IDENTIFYING DATA**
* Student Name:
* Group Name:
* Date:
* Time:
* Place:
* Session Number:
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| 1. **GROUP INFORMATION**
* Facilitator/Co-facilitator:
* Members Present (first name only and age):
* Members Absent (first name only and age):
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1. Describe **general** **purpose** of group, session **agenda/topic** and any **planned activities**.
2. **Group As a Whole:**

How did the group session start? Describe **significant moments**, **key issues**, **emotional shifts** during the session, overall **affect** of the group. How did the group session end?

**Additional Questions about *Group Process*:**

**-Did the group share the same affective space (feeling)? Is so, what was it? If not, why?**

**-Did the group have the same focus of awareness (cognitive)? If so, what was it? If not, why?**

**-Did the group share complimentary intentions regarding their activity together (behavioral)? If so, what was it? If not, why?**

1. **Group Themes:**

What were some of the themes of the session, and what kinds of issues or challenges emerged?

1. What do you consider the groups’ current ***stage of group development*** *and why*?

 Pre-Affiliation Power/Control Intimacy Differentiation Termination

1. What **roles** did some members assume in the group? How did it manifest (express) itself?

 Leader Defensive Energizer Withdrawn Monopolizer

 Blocker Information Seeker or Giver Help Seeker Quiet One

 Recognition Seeker Uninvolved

1. **Interventions of Worker**

Describe two group work interventions you/co-leader made and why?

1. **Analysis and Assessment**

How would you evaluate the group at this point? What changes have you observed in the group?

1. **Clinical Improvement Plan**

What would you **change** in this group session and why? What needs to be considered for the next session?

1. **Countertransference**

Identify any countertransference you experienced or could have experienced with this group? How did you or would you handle/negotiate the countertransference if it impacted your ability to be effective in the group?