

## INTEGRATIVE HEALTH ON WELLNESS AND SUBSTANCE ABUSE TREATMENT

## **CHINA**



# Introducing MSW students to the concept of holistic and integrative health from an Eastern perspective.

The 10-day Integrative Health on Wellness and Substance Abuse Treatment immersion is offered during the spring semester in China. In preparation, students will attend two Saturday classes between January and February, and one Saturday session in April, either on campus or virtually. In March, participants will travel to Shanghai and Nanjing to learn how body-mind-spirit health research and practices are implemented in Chinese society.



Lectures, experiential workshops and academic exchanges with various faculty and practitioners from Nanjing University, Fudan University and the Red Cross Hospital of Jiangsu.

Post-immersion classes requiring students to identify a social issue in relation to integrative health and substance abuse treatment in the U.S. as an opportunity for collective learning.









#### Who can participate?

The program accepts a limited number of graduate-level social work students on a rolling admissions basis. Students must have a minimum 3.0 GPA and have completed all foundation/generalist practice requirements. Priority will be given to second year students, but first year students are still encouraged to apply.

#### Will I get credit for the program?

If you are enrolled in the USC Suzanne Dworak-Peck School of Social Work, you will receive 3-elective unit credits for completing the program.

### What if I am taking 15 units of credit during the spring semester?

If you are a student in the USC Suzanne Dworak-Peck School of Social Work and are enrolled in 15 units during the spring semester, you will not need to pay additional tuition for the required 3-elective unit course.

#### Will this program help my chances of finding a job?

The China immersion program provides the opportunity for reflective learning in another cultural context that enables a high level of personal and professional growth. Students will gain creative insights into working with immigrant populations, particularly those from Asian countries, which can be applied to their professional work with immigrant communities.

#### Is financial aid available?

If you are receiving or are eligible for financial aid, you may be able to apply it toward this program. For details, contact the School's Scholarship Programs Office.

For additional information, please contact:

#### **Dan Hester**

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#### Where will we stay?

USC will arrange lodging in Shanghai and Nanjing.

#### How much will the program cost?

Program costs include daily breakfasts, weekday lunches, local transportation in Shanghai and Nanjing during program hours and field excursions in both cities.

In addition, costs include a program administrative fee. Other fees are additional, including tuition for a required 3-unit course and a health insurance policy if not enrolled in the mandatory USC student health or other insurance plan.

All participants will be responsible for their own travel to/from Shanghai and Nanjing. In addition, students will also be responsible for dinners, weekend meals, non-program-related transportation, and other incidentals.

Students will also be required to have a valid US passport and visa for travel to China.





I truly enjoyed the opportunity to go to China, to learn about the culture in person and have the chance to hear from many people presenting their research, knowledge and experiences.

Student comments from past immersions in China

This immersion program is an excellent opportunity for students to develop and grow. This course allowed us to translate theory into practice by traveling to China and learning and immersing in the culture.

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