

Attitude of Gratitude



What you think about comes about.

Three incredible people in my life are:

1. _____
2. _____
3. _____

Three things I'm grateful about my home and where I live are:

1. _____
2. _____
3. _____

Three great things about where I work and what I do for a living are:

1. _____
2. _____
3. _____

Three things I like about my body and my health are:

1. _____
2. _____
3. _____

Three special talents or skills that I possess are:

1. _____
2. _____
3. _____

Three ways I have experienced "luck" in my life are:

1. _____
2. _____
3. _____