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***Practicum Reflective Learning Tool for Groups***

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| 1. **IDENTIFYING DATA**
* Student Name:
* Group Name:
* Date:
* Time:
* Place:
* Session Number:
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| 1. **GROUP INFORMATION**
* Facilitator/Co-facilitator:
* Members Present (first name only):
* Members Absent (first name only):
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1. Describe **general** **purpose** of group, session **agenda/topic** and any **planned activities**.
2. **Group As a Whole:**

How did the group session start? Describe **significant moments**, **key issues**, **emotional shifts** during the session, overall **affect** of the group. How did the group session end? Summarize the content of this session.

1. **Group Themes:**

What were some of the themes of the session, and what kinds of issues or challenges emerged?

1. What do you consider the groups current ***stage of group development*** *and why*?

 Pre-Affiliation Power/Control Intimacy Differentiation Termination

1. What **roles** did some members assume in the group? How did it manifest itself?

 Leader Defensive Energizer Withdrawn Monopolizer

 Blocker Information Seeker or Giver Help Seeker Quiet One

 Recognition Seeker Uninvolved

1. **Interventions of Worker**

Describe two group work interventions you made and why?

1. **Analysis and Assessment**

How would you evaluate the group at this point? What changes have you observed in the group?

1. **Clinical Improvement Plan**

What would you **change** in this group session and why? What needs to be considered for the next session?